1. May 27, 2019 - Council Agenda And Council Information

Documents:

MAY 27, 2019.PDF MAY 27, 2019.PDF

## INFORMATIONAL CORRESPONDENCE – MAY 27, 2019

1.	J. Garner – letter dated April 27, 2019 – Request for biking sidewalk on Silver Creek River Road and Salmon River Road	A
2		٨
2.	J. Shirley – letter dated May 7, 2019 – Request for installation of memorial bench for P.	A
2	Shirley  M. Davidson and M. L. 104 2010. Davidson in the state of the	NТ
3.	M. Davidson – email dated May 10, 2019 – Downtown Improvement Association,	N
	Parking	A
4.	D. Wood, J. MacLennan, J. & G. Beveridge, R. Watt – letter dated March 25, 2019 –	A
<b>-</b>	Properties located at 1640, 1690 and 1710 11 Avenue NE	
5.	S. Grimes - email dated May 16, 2019 - Peter Jannink Nature Park	A
6. <u>-</u>	G. Killoran – email dated May 22, 2019 – Salmon Arm/ Shuswap Regional Airport	N
7.	A. Slater, Executive Director, SILGA - email dated May 9, 2019 - SILGA Youth at UBCM	N
8.	C. Arnouse, Chief, Adams Lake Indian Band - letter dated May 10, 2019 - Grand	N
	Opening Celebration Invitation	
9.	Shuswap - Okanagan Citizens for Safe Technology - email dated May 13, 2019 - Facts	N
	retired Captain Jerry Flynn passes onto Council	
10.	D. Askew, President, Askew Foods - letter received May 14, 2019 - Askew's Foods	N
	Celebrates 90 Years of Quality & Service	
11.	T. Peasgood, Salty Dog Event Co-ordinator - letter dated May 16, 2019 - Salty Dog	N
	weekend of events May 10-12, 2019	
12.	C. Grayston, Executive Director, Salmon Arm & District Chamber of Commerce - letter	N
	dated May 16, 2019 - Chamber of Commerce Survey Results - Downtown Street	
	Parking	
13.	L. Munro Lamarre, Founder/ Director, The Smile Mission Oral Health Outreach	Α
	Society - letter dated May 20, 2019 - Sustainable shopping bag plan	
14.	Hilltop Tim Hortons – letter received May 22, 2019 – Camp Day June 5, 2019	Α
15.	Downtown Salmon Arm – newsletter - Spring 2019 Downtown Update	N
16.	BC Healthy Communities – newsletter – Spring 2019	N
17.	Interior Health - newsletter - May Monthly Newsletter	N
18.	A. Singh, President, UBCM – letter dated May 14, 2019 – 2019 Resolutions	N
19.	A. Battalova, Manager of Accessibility Initiatives, SPARC BC – letter received May 22,	N
	2019 - Access Awareness Day - June 1, 2019	
20.	J. Kornelsen, Associate Professor, Department of Family Practice, UBC and C. Carthew,	N
	Centre for Rural Health Research, Department of Family Practice, UBC - email dated	
	May 22, 2019 – UBC Rural Evidence Review Project	
	·	

Dear mr. mayor,

my you please put in a biking side walk on silver creek river road and on salmon river road? If you say no, that's or bot it you say yes that would be even better. you can make the dision mr. mayor! 60% bless you! White me a letter back! from Joshva Garner 3194 Johnson road Salmon arm. ME 3E6

May 7th, 2019

City of Salmon Arm Mayor and Council Box 40 500 - 2<sup>nd</sup> Ave NE Salmon Arm, BC V1E 4N2

Mayor Harrison, members of Council

Our family wishes do something special for our late father Pat Shirley who spent some 40 plus years with the Salmon Arm Fire Department.

We have purchased a Granite bench, same as in attached photo however with Salmon Arm Fire Department on the end sections and "In memory of Chief Officer Pat Shirley" in the middle back section.

As indicated the bench is made of Granite and is of a very good quality.

We request permission to install the bench on the south east corner of fire hall # 3 and we would be responsible for ground and concrete base for such.

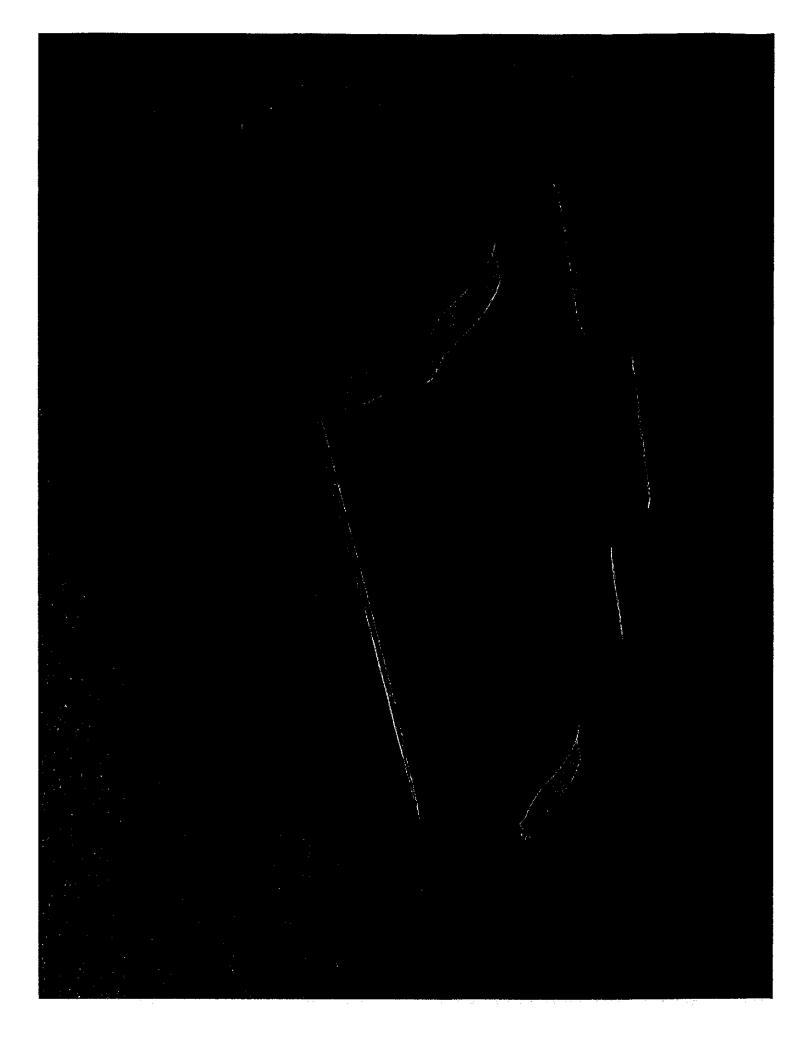
We have met with Darin Gerow, manager of roads and parks and he has no concerns with this.

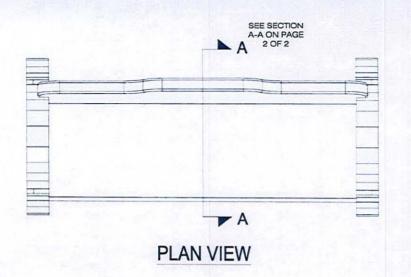
Although there is currently a bench in close proximity to the requested location, Mr. Gerow indicates his staff could easily remove and relocate to another location in town.

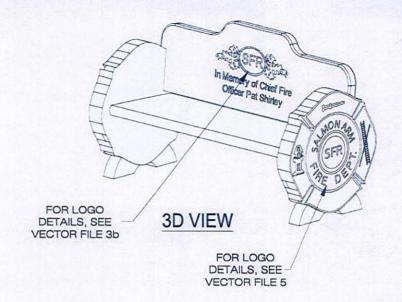
Thank you for your consideration in this matter.

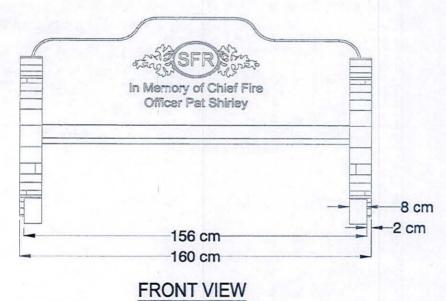
Jim Shirley

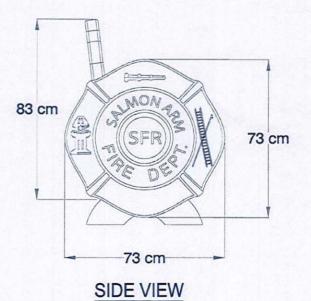
Cc: Greg Shirley Brad Shirley Pam VanHorne











DRAWING REFERENCE:

DRAWING TITLE

SFR Bench

R-24	DESIGN BY:	R. JENNENS	
N-24	DRAWN BY:	D.RICHARDSON	
PAGE 1 OF 2	SCALE	NTS	
REV C	DATE	OCTOBER 19, 2017	



manufacturing ltd. office furniture
Phone: (250) 765-4145 Fax: (250) 765-1213
e-mail: info@heartwood.ca website: www.heartwood.ca

From: noreply@civicplus.com [mailto:noreply@civicplus.com]

Sent: Friday, May 10, 2019 2:03 PM

To: Alan Harrison; Chad Eliason; Debbie Cannon; Kevin Flynn; Louise Wallace-Richmond; Sylvia

Lindgren; Tim Lavery; Carl Bannister; Erin Jackson **Subject:** Online Form Submittal: Mayor and Council

### Mayor and Council

First Name	Margaret
Last Name	Davidson
Address:	170 Lakeshore Dr NE, PO Box 1226
Return email address:	
Subject:	Downtown Improvement Association _ Parking
Body	For the past ten years (I have operated a business in downtown Salmon Arm for 20 years), this organization has not served the downtown merchants. I believe the monies need to be allocated (less for staffing) and more for advertising/promotion. I was told retail was only 20% of downtown. If we are not supported by one hour parking, how will the banks and retail stores survive? What will downtown
	look like with no retail? I urge you to strongly consider what happened to retail on Hudson Street. The spa's and restaurants already have two hour parking available. Thank you for your consideration.
Would you like a response:	Yes

#### Disclaimer

Written and email correspondence addressed to Mayor and Council may become public documents once received by the City. Correspondence addressed to Mayor and Council is routinely published within the Correspondence Section of Regular Council Agendas.

Email not displaying correctly? View it in your browser.

March 25, 2019

Mayor and Council City of Salmon Arm

Dear Mayor and Council

Re: Properties located at 1640 11 Ave. NE 1690 11 Ave. NE 1710 11 Ave. NE



We, the owners of the properties (the "Properties") listed above, are writing to request that Salmon Arm Council reconsider the future "Service/Tourist Commercial" designation as defined in the Official Community Plan (the "OCP") for the Properties on the south side of 11<sup>th</sup> Avenue NE situated west of 18<sup>th</sup> Street NE to the intersection of 16<sup>th</sup> Street NE and return the future use of the Properties to R-1 zoning in the OCP when the OCP is opened for revision.

Section 9.3.18(c) of the OCP, in discussing the commercial corridor east of City Centre to 30 Street NE, states that "limited expansion of this area may be considered" and "may include convenience or small-scale food retail store, neighborhood pub, restaurant or cafe, commercial child care, office, personal service establishment, and upper floor residential." It is our contention that these needs are met by the current commercial establishments already in existence on 11 Ave NE east of 18<sup>th</sup> Street NE, including Askews' Uptown Store, Setters Pub, Home Restaurant, SASCU uptown facility which will include upper floor residential units, Comfort Inn, Super 8 Motel, MacDonald's Restaurant and the various stores and gas station in the small shopping centre on the upper south side of 11<sup>th</sup> Avenue NE. Given the level of commercial enterprises presently available in this area, we do not believe an argument can be made for more commercial enterprise to be developed on the Properties.

We make this request because we are currently being unfairly assessed under the Service/Tourist Commercial designation by the Assessor. The Assessor ruled that his assessment of the Properties is based on his opinion that the highest and best use of the Properties should reflect the Service/Tourist Commercial designation of the Properties under the Official Community Plan (the "OCP") of the city of Salmon Arm.

We have no interest in applying to rezone the Properties to Commercial, nor have we encountered any pressure to consider selling the Properties for commercial purposes. The Properties are rightfully presently zoned as R-1 by the City. The OCP future use should mirror this zoning and the Service/Tourist Commercial designation for the properties should be removed.

We are willing to appear before Council to discuss this request.

Regards,

David Wood & Jean MacLennan

1640 11 Ave NE, Salmon Arm

James and Gloria Beveridge

& Beveridge

1690 11 Ave NE Salmon Arm

Robin Watt

1710 11 Ave NE Salmon Arm



#### Erin Jackson

From:

noreply@civicplus.com

Sent:

Thursday, May 16, 2019 4:08 PM

To:

Alan Harrison; Chad Eliason; Debbie Cannon; Kevin Flynn; Louise Wallace-Richmond; Sylvia

Lindgren; Tim Lavery; Carl Bannister; Erin Jackson

Subject:

Online Form Submittal: Mayor and Council

### Mayor and Council

First Name

SUSAN

Last Name

**GRIMES** 

Address:

53-601 BEATTY AVE NW BOX 3464

Return email address:

Subject:

Peter Jannink Nature park

Body

I would like to advise Mayor Harrison and all council members that Peter Jannink Nature Park has become a haven for drug users and alcohol drinkers - many of them spending the night under the gazebo that has been built there. I can no longer take my grandchildren there as the last time I did we were subjected to abusive language. This is no longer a family park. Constable Dickenson of the Salmon Arm RCMP advised me to inform him if I witness anyone drinking there but guite frankly I do not want to go there anymore. The transient people use the path in front of my home in West Harbour Village to get to this park and last Tuesday we had one such person in our yard washing himself with our garden hose and when asked by my husband to leave he became very abusive and threatened to break all our windows. The constable is aware of this and was very helpful. He knew the person involved and advised us not to approach him but to call the RCMP if we see him again. Trouble is this park has become a "Home" to them. Can I suggest the removal of the gazebo and table and benches as that way they cannot gather there. I am sure Mr. Jannink did not intend the land for this use. Thankyou, I hope, for your support on this matter.

Would you like a

Yes

response:

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From: Guy Killoran [

Sent: May 22, 2019 9:06 AM

To: Alan Harrison; Debbie Cannon; Chad Eliason; Kevin Flynn; Tim Lavery; Sylvia

Lindgren; Louise Wallace-Richmond

Subject: RE: Salmon Arm/Shuswap Regional Airport

May 22, 2019

To City of Salmon Arm Council

I noticed recently a post on social media that the Salmon Arm Council was planning on spending over 800K on renovations or repairs to the runways and taxiways at the Salmon Arm/Shuswap Regional Airport. The social media post was to encourage people to oppose this type of expenditure.

I am writing to support the expense and to ensure that the Salmon Arm /Shuswap Regional Airport is maintained to the highest standard.

The airport is not a facility that everyone uses but it is a facility that benefits the entire area. I believe that the airport has helped the local community economically through out the years. The original airport was out near the DeMille's farm and would be a concern now with all the proposed road work and growing community where as now, its current location is prefect for the city. It is close to downtown and all the amenities that Salmon Arm offers plus it is out of the way of the growing housing market. It is next door to the industrial park which makes it appealing to future organizations that may move to Salmon Arm.

I would like to see that the airport is maintained to such a standard that it can and will be operational 24 hours a day 7 days a week. I believe it was last year that I read an article that stated about 50 thousand dollars was needed to clears trees and such to allow night time landings and that the money was not spent. I would like to see things like that project to be completed before taxiway upgrades so that the airport can maintain a 24-hour status.

The airport is important to the community and please do not consider it as an expensive toy for a select few.

Benefits of an airport:

- Air Ambulance accessibility 24/7 (not all patience are evacuated via helicopter, many go by fixed wing aircraft).
- Current and future economic benefits to the entire community.
- Forest fire teams use the airport as a staging area during fire season. Those crews are put up in hotels and eat in local restaurants.
- Tourists. Tourist do fly into the Salmon Arm airport to vacation in the area.
- And many more I am sure of.

In closing I would like to mention that this morning (May 22) I looked at the Web Cam Picture looking out from the terminal building (<a href="https://mascon.ca/web-cams/">https://mascon.ca/web-cams/</a> - click on SA Airport camera #1) and two large twin engine aircraft were parked on the ramp. I don't know why these aircraft are here but can assure you that they are spending money in the local community.

Thank you for your time and consideration in this matter I hope I explained it well enough that we all understand the importance of an airport to the local community.

Guy Killoran 1391-20 St NE Salmon Arm BC Canada V1E 2V5 **From:** southern interior local government **Sent:** Thursday, May 09, 2019 12:18 PM

Subject: SILGA Youth at UBCM

Good afternoon,

SILGA would like to extend the invitation to submit nominations for the Youth at UBCM program.

I have attached the SILGA policy which has all the details on the program. Nomination deadline is June 17th.

For more information please contact Shelley Sim at 250 674 1968 or the SILGA office at 250 851 6653.

Thanks, Alison

Alison Slater SILGA Executive Director PO Box 27017 Cityview PO Kamloops, BC V2E 0B2 250-851-6653 www.silga.ca

#### **POLICY MANUAL**

Policy No. 8 Page No. 1 of 1

#### RE: YOUTH AT UBCM POLICY (updated May 9, 2019)

#### **POLICY STATEMENT:**

It will be the policy of SILGA to reimburse up to 2 youth each year for the cost of travel, accommodation, meals and out of pocket expenses incurred to attend the UBCM convention.

#### **POLICY BACKGROUND:**

To promote youth involvement and interest in local government, SILGA will annually sponsor up to 2 youth to attend the UBCM convention. A call for nominations will be sent by SILGA after each annual convention to all SILGA members with the youth representatives chosen at the SILGA executive meeting on June 19, 2019. Deadline for nominations for 2019 is June 17<sup>th</sup>.

A SILGA member local government must first nominate a youth from their community. A brief statement written by the youth explaining why they want to attend along with a summary of their interests and accomplishments should accompany the nomination.

The local government of the selected youth will mentor them during the week of the convention. The youth will be requested to provide a written report to SILGA outlining their experiences and the impact the week had for them.

#### **Definition of "Youth"**

- School age secondary students registered in a public school, an independent school,
   Distributed Learning program or as a home-schooled learner
- up to the age of 19 on or after July 1 of the current school year

SILGA will spend up to \$5,000/year for the cost of this program. Receipts will be required. Sponsoring local governments are requested to cover the allocated conventions costs for the selected youth and then submit receipts to SILGA for reimbursement.

#### **POLICY DETAILS:**

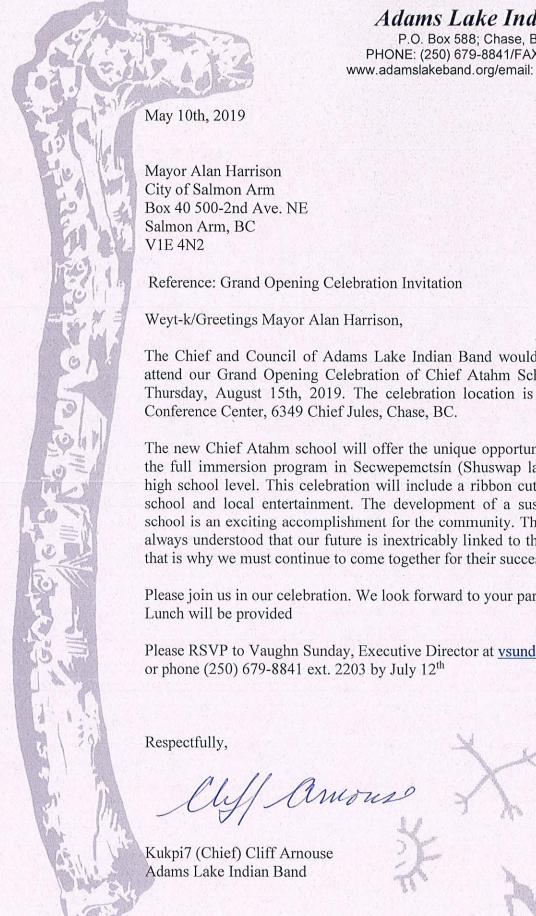
- 1. Transportation:
  - To pay compensation for air travel at the lowest available air fare; or
  - To pay compensation for the use of private vehicles at the rate equivalent to that paid by the Province of British Columbia<sup>1</sup>, to a maximum of the lowest economy air fare.
  - Only the driver is entitled to reimbursement for car mileage; the driver must submit the names of the passengers with the expense account.
- 2. Accommodation (due to weather conditions/distance travelled/ other circumstances):
  - To pay compensation for hotel rooms at cost and with a receipt required;
  - allowance of \$30.00 per night may be claimed (no receipts required).
- 3. Other Expenses:

 For all meetings and other authorized travel where required meals are not provided at the event, compensation for meals will be as follows:

> Breakfast \$15 including tips and tax Lunch \$25 including tips and tax Dinner \$35 including tips and tax

On the date of departure, travel must start before 7:00 am to claim breakfast; before 12:00 noon to claim lunch; and, on the date or return, travel must end after 6:00 pm to claim dinner.

 All other expenses occurred for hospitality expenses and other nonspecified expenses shall be reimbursed at cost when receipts are provided, subject to Executive approval.



## Adams Lake Indian Band

P.O. Box 588; Chase, BC/V0E 1M0 PHONE: (250) 679-8841/FAX: (250) 679-8813 www.adamslakeband.org/email: receptionist@alib.ca

RECEIVE

MAY 14 2019

The Chief and Council of Adams Lake Indian Band would like to cordially invite you to attend our Grand Opening Celebration of Chief Atahm School scheduled for 11:00am on Thursday, August 15th, 2019. The celebration location is at Adams Lake Recreation &

The new Chief Atahm school will offer the unique opportunity for our children to continue the full immersion program in Secwepemctsín (Shuswap language) at the elementary and high school level. This celebration will include a ribbon cutting ceremony, tour of the new school and local entertainment. The development of a sustainable, attractive and quality school is an exciting accomplishment for the community. The Adams Lake Indian Band has always understood that our future is inextricably linked to the education of our children and that is why we must continue to come together for their success and wellbeing.

Please join us in our celebration. We look forward to your participation and attendance.

Please RSVP to Vaughn Sunday, Executive Director at vsunday@alib.ca



From: RD

Sent: Monday, May 13, 2019 1:51 AM

**To:** Chad Eliason; Kevin Flynn; Louise Wallace-Richmond; Tim Lavery; Debbie Cannon; Sylvia Lindgren; Erin Jackson; Alan Harrison; <a href="mailton@csrd.bc.ca">admin@csrd.bc.ca</a>; <a href="mailton@csrd.bc.ca">chamilton@csrd.bc.ca</a>; <a href="mailton@csrd.bc.ca">thughes@csrd.bc.ca</a>; <a href

<u>crobichaud@csrd.bc.ca</u>; <u>chamilton@csrd.bc.ca</u>; <u>kcathcart@csrd.bc.ca</u>; <u>dbrooks-hill@csrd.bc.ca</u>; <u>pdemenok@csrd.bc.ca</u>; <u>rtalbot@csrd.bc.ca</u>; <u>rmartin@csrd.bc.ca</u>; <u>jsimpson@csrd.bc.ca</u>

Subject: FActs Retired Captain Jerry Flynn passes on to City Council

Dear Shuswap Mayor, Councillors, Directors and Administration personnel.

The Shuswap – Okanagan Citizens for Safe technology are hosting a rally to raise awareness around 5G and the dangers of adding more radiation to this city where radiation levels are already dangerously high.

Come! Join! Learn at Salmon Arm's 5G International Rally:



## Ross Street Plaza Wednesday, May 15<sup>th</sup> 11:45am to 1:15pm

The following Shuswap Market News article of May 10<sup>th</sup>, 2019, entitled "No Complaints from City on Cell Antennae", (also the same article appeared online, May 3<sup>rd</sup>, entitled "6 Cellular antennae proposed for Downtown Salmon Arm Building) alerted many aware citizens that our city leadership is in need of much further understanding about the dangers of EMF/RF radiation and the threat that is coming with the addition of 4G and 5G technologies.

Further understandings are extremely important because telecommunications companies have begun deploying 5G cell towers (microcells/small cells) up and down residential streets in some cities in British Columbia. These 5G cell towers spew radiofrequency radiation 24/7/365 into our town centres, neighborhoods, homes et al. This deployment is continuing despite studies by the National Institutes of Health, the World Health Organization, and biomedical researchers worldwide that have linked cellular radiation to cancer and to many other adverse health effects. **Everyone is at risk. Our children are especially vulnerable because they are still developing.** 

Education of all those responsible, at every level, for these deployments is vitally important!

One of the Rally's guest speakers who read this Market News article is Jerry Flynn, Retired Captain of the Canadian Military, specialist in Microwave Warfare, author and guest lecturer. Realizing that much more education is necessary for our political leaders to make wise decisions on these critical matters facing all communities, he passes on the following statements and links.

"Make sure your City Council and Regional District leadership, including administrators, are aware of these eight (8) facts: "

## **Eight Facts**

- **1.** Insurance companies refuse to offer liability insurance to anything that emits EMFs!
- **2. David Rockefeller's 1991 meeting with mainstream news media** thanking them for their cooperation in remaining silent on this issue for (then) 40 years. <a href="https://rense.com/general17/quote.htm">https://rense.com/general17/quote.htm</a>
- **3.** In 1995, then US President Clinton signed a formal Memo stating that towers (including cell phone towers) should not be sited on school grounds or near residential communities. <a href="https://www.youtube.com/watch?v=h2HvUhAcKD4">https://www.youtube.com/watch?v=h2HvUhAcKD4</a>
- **4. The International Scientists Appeal** to U.N. to protect humans and wildlife from EMFs and wireless technology ... why has now been signed by 242 scientists from 42 countries of the world.

http://electromagnetichealth.org/electromagnetic-health-blog/media-advisory-international-scientists-appeal-to-u-n-to-protect-humans-and-wildlife-from-electromagnetic-fields-and-wireless-technology/bioinitiative 2017 Report

- 5. the Seletun Scientists Statement International EMF Alliance <a href="http://www.iemfa.org/seletun-statement/">http://www.iemfa.org/seletun-statement/</a>
- **6. The BioInitiative 2017 Report** (21 scientists from 10 countries) <a href="https://www.emfacts.com/2017/11/bioinitiative-report-medical-concerns-intensify-over-deadly-brain-tumors-from-cell-phone-use/">https://www.emfacts.com/2017/11/bioinitiative-report-medical-concerns-intensify-over-deadly-brain-tumors-from-cell-phone-use/</a>
- 7. Physicians for Safe Technology <a href="https://mdsafetech.org/">https://mdsafetech.org/</a>
- 8. Environmental Health Trust https://ehtrust.org/

"History will record whether or not Salmon Arm's Mayor and Council and Regional District were enlightened and made what other informed people know is the only correct decision – one that will be heralded around much of North America! "

Jerry Flynn

We hope to see as many of you as possible at our Rally.

Richard Riach for

Shuswap North Okanagan - Citizens for Safe Technology

https://www.saobserver.net/news/no-objections-to-proposed-cellular-antennae/



No objections to proposed cellular antenna

Rogers informs Salmon Arm council of 2.6-metre antennae on downtown building as a courtesy

- Martha Wickett
- May. 7, 2019 1:40 p.m.
- News

Salmon Arm council members expressed their appreciation for receiving notification from Rogers of cellular antennae to be erected on a building on Alexander Street.

At the city's May 6 planning and development services meeting, staff described the notification from Medallion Wireless, on behalf of Rogers Wireless. Rogers proposes to install "six initial antennas and one microwave, with room for three additional antennas in the future, comparable to what might be located on a cellular tower," according to a city planning report.

Coun. Louise Wallace Richmond said she has heard concerns from business about a big structure on the building and is pleased to see that it's not. She added she's happy to be informed.

The equipment will be placed on the roof of 320 Alexander St. NE, the building between the CIBC and Shuswap Clothing & Shoe COmpany, which houses several businesses including Crazy River Clothing Co. and the Montebello Dental Clinic.

No public consultation is required because the installation meets city criteria: locating antennas on an existing rooftop is a preferred location, as are areas designated commercial by the official community plan. Also, the proposed antennae are 2.61 metres in height and will extend 2.31m above the existing roof's parapet, which is less than the three-metre maximum recommended.

Marshall Rasmussen of Medallion Wireless attended the meeting and described the proposal as a minor installation.

Kevin Pearson, the city's director of development services, noted the company could go ahead and put the antennae on the roof without coming to the city.

"This is a courtesy."

Read more: Salmon Arm council supports site for 200-foot cell tower

Read more: 2013 - Residents protest cell tower

Read more: 2012 - Proposed Sorrento cell tower has neighbours complaining

## Read more: 2017 - <u>EMBC to deliver satellite phones to wildfire-affected</u> areas

Coun. Chad Eliason also appreciated the notification and credited the work the city has already done on cell tower installations with making the process straightforward.

"We did a lot of work on cell towers and cell tower installations, so when they come and want to work with us, there's not much to be done... I think we've done three cell towers in my time here."

He also said he thinks adding more capacity for cell service, which will increase time for productivity, is important for the downtown.

In a letter to the city, Rasmussen wrote that the purpose of the site is to respond to the growing demand for wireless voice and data communication services, such as mobile broadband and video service for use on smartphones, computer tablets and laptops.

Mayor Alan Harrison pointed out that the antennae on the downtown firehall across from city hall are significantly taller than the ones proposed for Alexander Street.

"The ones they're proposing are quite low."



HEAD OFFICE Box 249, 4-111 Lakeshore Drive NE Salmon Arm, BC V1E 4N3 Tel 250.832.2668 Fax 250.832.2037 askews@telus.net

City of Salmon Arm Box 40 Salmon Arm, BC V1E 4N2



#### Askew's Foods Celebrates 90 Years of Quality & Service

It's been 90 years since our humble beginning into the grocery business in 1929. My grandfather Dick Askew purchased a butcher shop in Salmon Arm and this was just the start of Askew's becoming a community trusted independent grocer.

The grocery world is changing and Askew's continues to lead the way as an independent grocer. Our newest store, Askew's Uptown, which opened in 2012 has won numerous awards due to design and sustainability including the 2013 Lieutenant Governor of British Columbia Award in Architecture Special Jury Prize & 2013 Sustainable Forestry Wood Design. Our chain as a whole has continued to strive for excellence having been awarded the 2013 Canadian Top Independent Grocery of the Year, 2016 Corporate Business of the Year in Armstrong, numerous Awards of Merit from the Canadian Federation of Independent Grocers 2017-2018 and the 2018 Arnold Rands Heritage Award.

Askew's continually endeavours to be at the forefront of store design, product mix and customer service. In 2017, Askew's completely renovated our Armstrong store, enlarging the cafe and opening an outdoor patio. In 2019, we will complete an update of the original downtown location, where we expect to open a cafe and outdoor patio. All of our stores stock a wide selection of grocery items, approximately 50% more items than a traditional grocer. This includes a large selection of local and organic products.

Our customer counts and sales continue to grow company wide. To support our ongoing growth and development, we have provided long term employees advancement opportunities. We have also hired diverse and experienced staff to our management team. We are the dominant grocer in each of our markets and are making the changes and investment required in this industry to continue to lead the pack.

We are proud of our 90 years of service to our communities and partnerships with our suppliers. To show this we are planning a 90<sup>th</sup> celebration and invite you to be a part of it. As part of the celebration we have commissioned a commemorative edition anniversary publication from Paragon Publishing. We'll tell the evolving story of our company. We invite you to take part in this by showcasing your business to the 24,000 residents of Salmon Arm, Sicamous and Armstrong communities who will receive copies.

Nancy Whitticase of Prana Publishing will contact you on behalf of Askew's to discuss advertising opportunities. You may also contact Nancy directly at Prana Publishing: pranapublish@gmail.com or phone 250-832-5441.

Sincerely,

David Askew President







## Askew's 90th Anniversary 2019 Full Colour Ad Rate Card

We are proud of our 90 years of service to our communities. We are planning a celebration and invite you to join us. As a significant part of this event we have commissioned a commemorative edition 90th anniversary magazine.

Ad Sizes

We invite you to be a part of the Askew's 90 year history by showcasing your business to the thousands of households in Salmon Arm, Sicamous, and Armstrong area.

This high quality, full colour magazine will be a retainable reference guide of products and services available in store and around our community.

Ad Size (full colour)	Width	Depth	Cost
Outside Back Cover	7.25"	9.75"	3025
Inside Front Cover	7.25"	9.75"	2835
Inside Back Cover	7.25"	9.75"	2765
Two Page Spread	15.75"	9.75"	4795
Full Page	7.25"	9.75"	2595
Half Page Island (editorial surround)	4.75"	7.25"	1725
Half Page Horizontal	7.25"	4.75"	1575
Half Page Vertical	3.5"	9.75"	1575
Banner	7.25"	2.25"	745
Quarter Page Vertical	3.5"	4.75"	745

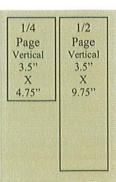
- A proof of your ad will be sent for approval/correction prior to publication
- · A complete copy of the published magazine will be sent to your attention
- The above rates do not include taxes
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Magazine Trim Size: 8.5"x 11" Full Page Colour



May 16, 2019

Re: Salty Dog weekend of events May 10-12, 2019

To: Salmon Arm Mayor, City Council, Rob Niewenhuizen, Cam and the City Yard Works office

Salty Dog organizers would like to thank the City of Salmon Arm and staff for their support of the annual Salty Dog weekend of events May 10-12. Thank you for communicating this great event to our community at large, with regarding the use of the South Canoe bike trails. Thank you for the use of City barricades, delineators, pylons and safety vests - these were used at both The Salty Street Festival on Saturday, as well as the Salty Dog race on Sunday.

As you all know Salty Dog is a massive Salmon Arm community effort. Volunteers help with the pre-event South Canoe annual trail clean up, during Salty weekend over 100 volunteers help the event in some way. Along with you, the Salty Dog race has the privilege to work with the following community groups: City of Salmon Arm, BC Ministries of both Transportation, and Forests & Tourism, Shuswap Cycling Club, Shuswap Trail Alliance, Shuswap Tourism, WaterWay HouseBoat Vacations, Salmon Arm Economic Development, Larch Hills Nordic Jr Racers, Shuswap Search & Rescue, Silver Star & Sun peaks Resorts, and many industry leading bike vendors.

Salty Dog weekend of events now includes: Friday night trail ride and BBQ, The Salty Street Fest Saturday, Salty Dog 6 Hour Enduro race on Sunday.

On Saturday May 11 Salty Street Fest event happened Downtown Salomon Arm. Live music, run bike parade, hulla hoops, clowns, face painting & street performers, bike swap, bike co's set up with cool gear, local tourism booths, all creating smiles and lots of fun! This year's Street Fest was another great community event supported by City of Salmon Arm, Down Town Salmon Arm, Shuswap Tourism, Salmon Arm Chamber, Shuswap Cycling Club, Shuswap Trail Alliance, Economic Development Society. With direct contributions from WaterWay HouseBoat Vacations, DeMilles, Skookum Cycle, Shuswap Pie Co, Candy Vault, Silver Star & Sun Peaks Resorts, and Shuswap Events. Salty Dog Weekend is one of only a few Bike events in BC that annually attracts major bike industry leading vendors. The 2019 Salty Street Fest was another fun event, building community spirit and early summer tourism momentum for Salmon Arm and area. Both our City of Salmon Arm Mayor and Shuswap MLA volunteered at the Street Fest again this year!

Salty Dog weekend has grown to be one of the premier bike events in BC, and maybe in Western Canada. It attracts 700-750 riders annually from all over BC, AB, SK, Territories, and North Western US. Most riders bring 1-2 people to Salmon Arm addition to themselves, fill our hotels, campgrounds, and restaurants. As the Salty Dog weekend of events continues to expand, we will continue to capture more tourism dollars locally, important pre-tourist season income in May. These same people may come back and visit our great community over the summer, again experiencing everything Salmon Arm, and the Shuswap have to offer with our bike trails, lake, and fantastic hospitality.

On behalf of the Salty Dog and Salty Street Festival planning committees, Thank You, Tom Peasgood Salty Dog Event Co-ordinator





CHAMBER OF COMMERCE

SALMONARM

"The Poll"

May 16, 2019

City of Salmon Arm 500 – 2 Avenue NE Salmon Arm, BC

Attention: Councillor Debbie Cannon

Dear Debbie:

Re: Chamber of Commerce Survey Results - Downtown Street Parking

The Chamber recently closed our latest Poll and would like to share the results with City Council and Staff.

The question we posed was:

"Currently street parking in downtown Salmon Arm is limited to 1 hour. Would you like to see longer street parking options in our downtown?"

Forty-one individual responses were collected and the results were:

In Support: 83%

Not in Support: 17%

We have shared these results with our membership which includes Downtown Salmon Arm, Salmon Arm Economic Development Society and other stakeholder organizations.

If you would like additional information regarding the survey and results we would be happy to speak with you further.

Yours truly,

Corryn Grayston, Executive Director.

Salmon Arm & District Chamber of Commerce.

PO Box 999 , #101, 20 Hudson Avenue N.E. Salmon Arm, BC V1E 4P2 Phone: (250) 832-6247 Web: www.sachamber.bc.ca



## THE SMILE MISSION

**ORAL HEALTH OUTREACH SOCIETY** 



Box 39, 206 - 310 Hudson Ave NE P: 250 833 Salmon Arm, BC V1E 4N2

F: 250 832 6683

OPEN LETTER TO MAYOR HARRISON AND THE SALMON ARM CITY COUNCIL

Salmon Arm May 20, 2019

Re: Sustainable shopping bag plan

Dear Mayor and Council:

On April 23, I attended the Salmon Arm City Council meeting on their idea to ban single-use plastic bags. Local business representatives present agreed with the idea, just needing time to use up current bags. I presented several samples of washable fabric bags, created locally from clean recycled materials to be sold by donation to The Smile Mission Oral Health Outreach Society, which is a local registered charity raising funds to lower barriers to accessing basic dental care in Salmon Arm.

The meeting concluded with the Mayor and Council deciding to acquire 8- or 9000 multiple-use bags from (China?), to be distributed to households in Salmon Arm.

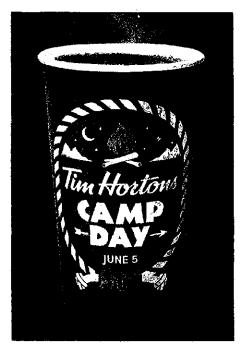
In hindsight, I question the wisdom of using Salmon Arm money to buy bags from China that will still be made with plastic. China's environmental regulations are less stringent, and those bags will still be in our landfill hundreds of years from now: this is contrary to the whole point of moving away from plastic. Getting things cheaper from China does not count all the costs, and our goal here is to stop polluting. Further: the plastic-coated multiple-use grocery bags do not survive washing well and, as any cashier will tell you, they get gross after a while. Using those plastic bags to promote Salmon Arm will be sending the wrong message: that we are cheap, short-sighted and do not care about the long-term effect of products we (cause to) produce.

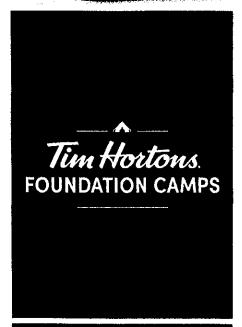
Why not use what we have right here? We have an alternative that will send the right message. How about expanding the Smile Mission fabric bag project already in progress, which will give Salmon Arm residents unique, washable and long-term reusable shopping bags, employ local people and support improved access to dental care, and with that, population health? Here is potential for a new, clean industry right here in Salmon Arm. We start, and lots of towns will want this.

I already started by creating a sewing room downtown, we can create any bag the City wants out of locally sourced materials and there is lots of excellent fabric around that can be re-purposed for this. The Smile Mission fabric bag project has been well-received, "bags supporting dental care" are available locally and residents have come forward with cheers, material supports and offers to help.

The Smile Mission Oral Health Outreach Society is a Registered Charity helping local residents who have financial barriers to access dental treatment with dignity in regular clinics. Improving oral health improves population health, which makes this a win/win for everybody. Can we talk?

Liz-Ann Munro Lamarre, founder, director The Smile Mission Oral Health Outreach Society





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## WE'D LOVE FOR YOU TO JOIN US!

Dear SPECIAL GUEST'S NAME HERE:

Tim Hortons Camp Day is coming up on Wednesday, June 5th – the largest annual fundraiser for the Tim Hortons Foundation Camps - and we need your help!

#### Here's why

Over the past four decades, the Tim Hortons Foundation Camps have helped more than 275,000 youth from disadvantaged circumstances in your community change their stories for the better. When youth grow up in a disadvantaged environment, the chances increase that the cycle of poverty is repeated, and their ability decreases to develop necessary skills to become successful adults.

Tim Hortons Foundation Camps supports kids between the ages of 12 to 16 at a time in their lives when they are determining who they will become as adults. Through a unique multi-year, camp-based program, they learn skills like leadership, resilience, and responsibility, empowering them to believe in their own potential and return home to succeed in post-secondary school, work and thrive in their communities.

So today, we kindly ask you to support Camp Day by spending some time in our Restaurant on June 5 pouring coffee or greeting and thanking guests for their donations. Your presence will help drive attention to this important cause.

On Camp Day, every penny from coffee sales during the 24-hour period, as well as money raised through Camp Day bracelet donations, and fundraising activities, is donated to the Tim Hortons Foundation Camps.

On behalf of all of the kids from our community who will visit one of the seven Tim Hortons Foundation Camps across North America this year, thank you in advance for any time and energy you can donate to this worthwhile cause. I will call you shortly to discuss your participation on Camp Day.

Kind regards, Margaret and Kelly momoores à show, ca

Call Top of the h.11
250-833-1925

h: 11 toptims 19460 gmail. com



SPRING 2019 ISSUE NO. 2

# DOWNTOWN UPDATE

Seasonal Publication Of Downtown Salmon Arm

Our vision is to have a compelling downtown experience. Our mission is to build a unique 'vibe' to attract and retain community residents, downtown employees as well as visitors through beautification, cultural projects, events, promotions, restaurants, retail and destination entertainment activities.



## Summer is coming

There are differing opinions on which season in Salmon Arm could be voted the "Best." Our town seems to burst back to life as birds and snowbirds, flowers and pollinators, tourists and traffic return for our long sunny days. Let's be honest, summer rocks in the Shuswap.

We are called outdoors with cafe tables on sidewalks and shoppe doors open and welcoming. We enjoy downtown events like Salty Dog Street Fest this month, followed by MultiCultural Day the next. June also welcomes the highly anticipated Downtown Farmer's Market every Saturday. You can tap to the rhythm of Downtown Live and Busk Stop summer music series, Salmon Arm Arts Centre's Wednesdays On The Wharf and Roots and Blues Festival performers. So, come downtown with your sunglasses and sunscreen and let's get ready for some summer fun.

#### **INSIDE THIS ISSUE:**

- Proposed Bylaw Open House
- Salty Street Fest
- Best Dressed Window Display
- Ride Don't Hide
- Multicultural Day

**DOWNTOWN** 

SALMONARM



Proposed DSA Bylaw Open House at the Salmon Arm Innovation Centre.

Drop in, grab a snack and mingle with the Board of Directors to learn specific information on what's proposed for the new bylaw term and get details of what the next seven years will entail for Downtown Salmon Arm and it's membership.

Wednesday, May 15, 5pm-7pm Salmon Arm Innovation Centre 220 Shuswap Street NE

Best Dressed Window Display

### WINNER

Congratulations to our 2019 1st place winners, Inclusive Arts. A very close 2nd was awarded to Intwined Fibre Arts. There were many creative displays entered this year, be sure to check them out.





Summer Music Series



adowntown LINT

Street Entertainment Program
Street entertainment 'buskers' will be part of the character of downtown. As part of the approval process, a 'busker' is required to fill out an application and agree to the following policies below

http://salmonarmdowntown.com/music/busk-stop

Generously sponsored by:





Contact Us:
Downtown Salmon Arm
250 Shuswap Street
PO Box 1928
Salmon Arm, BC V1E 4P9
250-832-5440
info@salmonarmdowntown.com
events@salmonarmdowntown.com



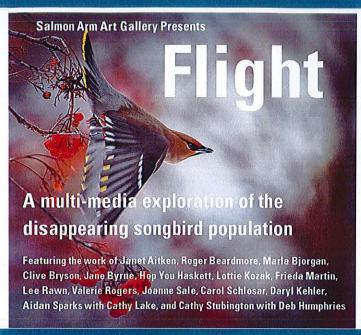
Back for 2019, Downtown Live at Ross Street stage continues with a few changes. Join us on Fridays for the lunchbox stage and new this year, Saturday morning Farmer's Market Performers, all at Ross Street Stage.

- Friday afternoons @ 12:30
- Saturday morning Farmer's Market @10:30am

http://salmonarmdowntown.com/music/downtown\_live







## **April 13 to June 1, 2019**

Opening Reception | Friday, April 12, 7pm Gallery Hours | Tuesday to Saturday, 11am to 4pm Movie "The Messenger" | Thursday, April 18, 4pm Family Saturdays 11am to 3pm drop-in Coffee Break Artist Talk | Thursday, May 16, 2pm Sponsored by Tech-Crete Processors Ltd.

salmonarm

cen (1) re

70 Hudson Ave. NE Salmon Arm, BC 250 832-1170 www.salmonarmartscentre.ca

"Bohemian Waxwing" Roger Beardmore



### BURGER + BIKE = BE WELL

All proceeds go to Ride Don't Hide Fundraiser









When: Friday May 10th 11:45 am - 1:00 pm Where: Ross Street Plaza

BBQ, music and having some Fun with bikes







Thank-you For Your Support



ticultural Festival

Food • Music • Games • Exhibits

Thursday, June 27, 2019 Ross Street Plaza, Downtown Salmon Arm 8PM





## **BC Healthy Communities**

People. Place. Potential.

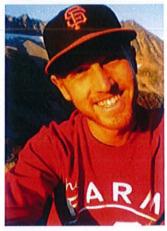


A group canoes in the Creston Valley Wildlife Management Area of BC. Photograph by Province of BC/Flickr

Welcome to our Spring Issue! As beautiful green seedlings are starting to pop up across the province, we are also making appearances across the province, working in communities around BC. It's an exciting time—read on to learn more about some of the things we're up to!

#### Welcome Jacob!

The BCHC team are very excited to welcome Jacob Cramer to the team. As our new Researcher, Jacob will help us continue to demonstrate the impact we are having in communities. He'll also be providing evaluation and research support to our partner communities across the province. Jacob's background includes a Bachelor of Political Science from UBC and a Post-Graduate Diploma in Urban and Rural Planning from Langara. When he's not in the office, you'll most likely find him on his bike or in his garden.





### A to Z of Healthy Communities

Together with Ontario Healthy Communities Coalition, we bring you the A to Z of Healthy Communities—a collection of terms you'd find in the Healthy Cities movement.

#### P is for Political Commitment

Political commitment to a healthy community can be demonstrated when local government provides leadership and decision-making that considers health and well-being in policy decisions, partnerships and planning.



### BCHC team nominated for planning award

We're proud to announce that our team, together with our project partners at Urban Matters was recently nominated for the Planning Institute of BC's New Directions Award for our work on the Strathcona Housing Needs Assessment.



**Read more** 



### We're hiring!

Are you a details person who also loves working with people? BC Healthy Communities is currently looking for a fun-loving and resourceful Administrative Assistant to join our dynamic team—is that person you? Applications are due May 27.

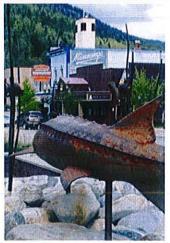
See the posting

#### Chilliwack to host Cities Fit for Children Summit

Earlier this month, our Executive Director Jodi Mucha joined Chilliwack Mayor Ken Popove to announce that the city would host the 2020 Cities Fit for Children Summit. The announcement took place during the 26th Conversation on Chiliwack's Children, an annual event organized by the Chilliwack Child and Youth Committee.







## Four ways local governments can support mental health through community design

What role do planners, architects and local government decision-makers play in supporting mental health? As Mental Health Week wraps up here in Canada, and Mental Health Awareness Month continues in many other countries, we're re-sharing a blog post that makes the connections between mental health and the built environment.

**Read more** 

## Relationships more valuable than money: Rural community resilience outside the formal economy

Can you put a price on knowing that your neighbour will use her plow to dig you out of a snowstorm? Or a dollar value on the casserole that the person down the road brings you when you're laid up with the flu and can't get out to buy groceries? In this guest post from Abra Brynne, Executive Director of the Central Kootenay Food Policy Council and Kerri Wall, Community Health Facilitator with Interior Health's Healthy Communities, the two make a case for paying more attention to the social capital of close-knit, rural communities.





## A place to call home: Working towards a housing solution for older adults in Lytton

As older adults age-in-place, they require not only continued access to local services, community, culture, and family but also a place where they are safe, one that they can call home. Thanks to funding from the Age-friendly Communities Grant Program, Lytton has moved forward on a Housing Needs and Demands Study, with the goal of ensuring seniors and elders have the support they need to live to the fullest.

**Read more** 

## Building an Age-Friendly region: Trail, Rossland and Montrose collaborate on plans

Recently, the City of Rossland, in partnership with neighbouring Trail and Montrose, embarked on a regional strategy to ensure that older adults can continue to be involved and active in their community into their later years. Their Age-Friendly Community Action Plans included both aligned regional priorities and plans specific to each community's needs.





Good news travels fast.

Articles that make you think, make a difference and make your day.

- Toronto doctor prescribes income to patients living in poverty (Ottawa Citizen)
- Oliver Sacks: The healing power of gardens (New York Times)
- Climate change the biggest threat to public health, say coalition of doctors (CTV)
- Principles for building healthy and prosperous communities (Build Healthy Places)
- The healthiest communities are the ones where people can afford homes (Fast Company)
- Study: Good bike and ped infrastructure actually makes neighbours healthier (Streetsblog)









**BC Healthy Communities** 

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## **Healthy Communities**

Monthly Newsletter



May 2019

## **Community Recognition**

## Summerland Health & Wellness Series: 'Candid about Cannabis and Vaping' Event

As part of the Summerland Health & Wellness series, a partnership between the District of Summerland, SD67, Summerland Healthy Community Initiative, Interior Health, the Summerland Child and Youth Committee and other partner groups, a candid discussion about cannabis and vaping took place on May 16<sup>th</sup>. The event was very well received by the community with over 120 attendees and a five speaker discussion panel. Other topics the series has addressed include mental health literacy and the physiological impact of smartphone use.

#### Fresh Fruit & Vegetable Sharing Stand Concept Expanding

An idea sprouted in 2015 by the FACT (Food Action for Today and Tomorrow) Committee in the City of Enderby has been growing and expanding throughout the Okanagan valley. The <u>Harvest Sharing Hut</u> shares fresh fruit and vegetables. Their moto is "Share what we have and take what you need" and is open to everyone. The concept spread to the District of Summerland in 2018 with the opening of <u>The Sharing Stand</u>, and the Town of Oliver has its own <u>Harvest Hut</u> coming this summer.

## Regional District of Central Kootenay Declares Climate Action Imperative

The Board of Directors of the RDCK joined municipalities across Canada and around the world in formally recognizing the global and local state of climate crisis. The Board <u>declared an imperative</u> for all orders of government to undertake changes to building construction, energy systems, land use, and transportation, and explore opportunities to address the reality of the crisis. The influence a local government can have on climate action is interwoven with its influence on community health so it is great to see such commitment at the regional level.

## **Events & Learning Opportunities**

#### **BC Active Transportation Summit**

Please join leaders, stakeholders, and advocates from government, industry, academic, and non-profit sectors on June 17th and 18th at the Anvil Centre in New Westminster for the first annual BC Active Transportation Summit organized by the BC Cycling Coalition. You will leave with practical ideas and knowledge for creating communities that are safe and accessible for walking, cycling, and wheeling year-round. Register here.





#### Bike to School and Bike to Work Week 2019

Reminder <u>Bike to Work Week</u> and <u>Bike to School Week</u> are both coming up the week of **May 27 – June 2!** #GoByBike Everywhere!

# **Healthy Public Policy Resources**

#### 2019 Living Wages Released

We know that health and income are very interconnected. A living wage is the hourly rate that 2 parents in a model 4-person family need to be paid to ensure their basic expenses such as food, clothing, rental housing, child care, and transportation are covered. The 2019 Living Wage Rates show how recent changes in policy and budget regarding child care is making life more affordable for some families, with lower living wages all over the province. To learn more about the 2019 Living Wage Rates, check out this press release.



#### Colour of Poverty- Colour of Change Fact Sheets



New fact sheets from the advocacy group 'Colour of Poverty -Colour of Change' show growing racial disparities in Canada, including health disparities. The ten fact sheets are based on the

2016 Census of Canada and other recent studies. Find these valuable resources here.

#### Toolkit for Outdoor, Unstructured Play

Canadian Public Health Association has recently released its <u>position</u> <u>statement</u> in support of children's unstructured play alongside a toolkit to help decision makers at all levels recognize its value to child health and well-being, and stimulate action to bring unstructured play back into our daily lives. Here's how <u>local governments can be involved</u>!



ASSOCIATION CANADIENNE DE SANTÉ PUBLIQUE

# **Funding News**

#### CMA Foundation- Healthy Canadian Grants Program



Like we shared earlier in the month, the Healthy Canadian Grants Program provides support for community-run initiatives that improve the quality of life for patients and vulnerable populations living in those

communities. This year's focus is youth (12-25) mental health and substance abuse. There are 15 grants of \$20,000 each available. The deadline for the application is May  $31^{st}$ , 2019. To learn more check out the CMA Foundation website.

#### Interior Health-Community Food Action Initiative



Interior Health has Community Food Action Initiative (CFAI) single year funding available to support communities within the Interior Health region to improve community food security. This opportunity is open to local governments, Aboriginal governments and organizations, schools and school districts, registered non-profits and charities, and community coalitions and councils within the Interior Health region. There is a total of

\$90,000 in funding available with proposals up to \$15,000 being considered. This funding is to support project costs starting in summer 2019.

Please find application details in the single year application guide attached to this e-newsletter. Applications will be accepted until 5pm PST May 29th, 2019.

#### UBCM- Housing Needs Report Funding

<u>Housing Needs Reports</u> are now required by newly-amended legislation and will strengthen the ability of local governments to understand what kinds of housing are most needed in their communities, and help inform local plans, policies, and development decisions. <u>Funding is now available</u> with the first round of applications due on May 31<sup>st</sup>, 2019.

The links between health and housing are clear. Talk to us if you would like help with accessing population health data, collecting health evidence related to housing, organizing community engagements, or facilitating dialogue sessions!



#### UBCM- Urban Communities Partnering for Reconciliation

The <u>UCPR pilot program</u> is intended to support events and activities that provide a time and place for dialogue to build on opportunities, support reconciliation efforts, resolve issues of common responsibility, interest, or concern and/or to advance tangible outcomes. The application deadline is May 24, 2019.

# Health Canada- Micro-Grants for Cannabis and Vaping Awareness Initiatives



Government of Canada

Health Canada is offering micro-funding for innovative projects that provide education and/or awareness about the health effects of cannabis and/or risks of vaping. Successful submissions will be eligible for up to \$1,000 of

funding. Funding applications will be accepted on a first come, first served basis, with consideration given to fair geographical and audience distribution.

#### Recognizing Laura Kalina, retired Public Health Dietitian

After a 30+ year career dedicated to the food security movement, we are celebrating the retirement of our colleague, Public Health Dietitian, Laura Kalina. Over the years, Laura supported many communities to strengthen healthy public policy related to food security including the <a href="City of Kamloops Food and Urban Agriculture Plan">City of Kamloops Food and Urban Agriculture Plan</a>.

We wish Laura all the best in her new adventures!

Our public health dietitians help to administer the CFAI funding (mentioned above) and are available to work with local governments to:

- Assist with creating a food security or agriculture plan
- Support food policy councils & regional food security networks
- Bring food security & health evidence to planning processes
- Help make the link between the cost of food, household food insecurity & poverty reduction work

### Sincerely,

# Your Healthy Communities Team

#### Contact us at: healthycommunities@interiorhealth.ca

To subscribe, send a blank email with <u>Subscribe to Monthly e-newsletters</u> in the subject line.

To unsubscribe, send a blank email with <u>Unsubscribe to Monthly e-newsletters</u> in the subject line.



# Community Food Action Initiative 2019-2020 Single Year Funding

Interior Health is pleased to announce single year funding will be available through the *Community Food Action Initiative (CFAI)* to support food security work in communities in the Interior Health region. These funds are to be used between <u>July 2019 - March 31<sup>st</sup></u>, 2020.

#### The overall goals of CFAI are to:

- Increase awareness about food security
- Increase access to local healthy food
- Increase food knowledge and skills
- Increase community capacity to address food security
- Increase development and use of policy that supports community food security

#### The intention of this round of single year funding is to:

- Support initiatives that meet one or more of the overall CFAI goals
- Support communities at <u>varying stages of readiness</u>
- Support rural, remote and Aboriginal communities when possible
- Build capacity in communities to take collective action to address food security such as:
  - Provide support to communities to build on existing initiatives
  - Provide support to communities to explore new and emerging innovative ideas
- Provide support for organizing community collaboration
- o Support communities that have collaborative capacity in place and are ready to:
  - develop and/or coordinate a Regional Food Security Network
  - o develop and implement a food security plan

#### **Eligible Applicants**

- First Nations governments and organizations
- Local governments
- Schools or school districts
- Non-profit organizations
- Community coalitions or councils

#### **Funding Available**

There is a total of \$90,000 of funding available. The maximum amount available per grant is \$15,000.

\*Note that we aim to distribute funding across the **IH region** whenever possible, depending on the applications we receive. We also take into consideration which communities have and have not received significant CFAI funding in recent years when reviewing applications of similar strength.

#### **Single Year Project Types**

Examples of eligible initiatives:

- food action projects that involve multi sector partnerships, and where projects demonstrate strong potential to build connections, partnerships and sustainability
- hosting community engagement event(s) to initiate discussions or collaboration opportunities
- building the capacity or reach of an existing initiative
- food security network development or coordination
- food security plan development or implementation
- carrying out a needs or feasibility assessment

#### To apply for funding

Please submit a proposal (3 pages maximum plus 1 page budget, no smaller than 11 point font) including:

- Explanation of how funds will be used including how the proposed activity meets at least one of the CFAI goals and how the application aligns with other aspects of this year's intention for the single year grants
- Statement of how the activity will address a relevant local/regional issue
- Explanation of the role of stated partners involved, including the Interior Health Public Health Dietitian in your region
- Identify whether the activity is connected to current/ongoing initiative(s) or a new and emerging idea
- How the proposal will build capacity, collaboration, connections and relationships
- Explanation of how activity will be evaluated (ie. expected measurable outcomes, appropriate measurement tools or methods)
- Statement of sustainability (ie. plans to continue with work after CFAI funding period)
- A letter of support (LOS) from at least one partner agency, local or First Nations government, or other applicable group is required. The LOS should demonstrate the partner's engagement and expected contributions to the proposed project.
- Budget (see template on next page). Please note: proposals demonstrating reasonable in-kind contributions and committed monetary contributions from the host agency are preferred.

Proposals can be sent to cindy.bossio@interiorhealth.ca by Wednesday, May 29th 2019 at 5pm PST

# **Budget Template**

Expense Description	Details	Time Frame of Activity	Cost	Amount Requested from CFAI	Amount from other funding source or in-kind
1					
		TOTAL			



Dear Applicant,

We are pleased to inform you that Interior Health has Community Food Action Initiative (CFAI) single year funding available to support communities within the Interior Health region to improve community food security. All CFAI 2019 funds will be used for single year funding.

This opportunity is open to local governments, Aboriginal governments and organizations, schools and school districts, registered non-profits and charities, and community coalitions and councils within the Interior Health region. Please find application details in the single year application guide attached.

There is a total of \$90,000 in funding available with proposals up to \$15,000 being considered. This funding is to support project costs starting in summer 2019. Funding must be spent by March 31<sup>st</sup>, 2020.

The objective of the single year funding is to support projects that build community capacity to address food security through increased awareness, knowledge, skills and networking. Please see the <u>Interior Health Food Security website</u> for examples of projects that have been funded in the past. Applications will be accepted until 5pm PST Wednesday May 29<sup>th</sup>, 2019. Successful and unsuccessful applicants will be notified by Wednesday June 26<sup>th</sup> 2019.

Please submit your application electronically by 5 pm PST, Wednesday May 29<sup>th</sup> 2019 via email to <u>cindy.bossio@interiorhealth.ca</u>. If you have any questions about the guidelines, please contact Cindy Bossio, Public Health Dietitian, by email or by phone (250-420-2229).

We look forward to continuing our work with communities and organizations throughout the Interior Health region in pursuit of increasing community food security. Thank you for your continued interest and efforts in this important field of work.

Kind regards,

Janice Talarico
Healthy Communities Nutrition Manager

\*Please note that on-going financial support for food security initiatives is dependent upon the delivery of provincial funds to the Interior Health Authority and projects meeting agreed-upon deliverables.

Bus:

(250) 425-4531

Email:

Janice.talarico@interiorhealth.ca

Web:

www.interiorhealth.ca

INTERIOR HEALTH Healthy Communities Nutrition Manager PO Box 1120, 570 Pine Avenue Sparwood, BC V0B 2G0



May 14, 2019

Mayor Alan Harrison City of Salmon Arm Box 40 Salmon Arm, BC V1E 4N2

Dear Mayor Harrison:

Re: 2019 Resolutions

UBCM is in receipt of the attached resolution(s) endorsed by your Council. Your resolution(s) received endorsement at the SILGA Spring 2019 AGM.

The resolution(s) will be presented to the UBCM membership for their consideration at the 2019 UBCM Convention in September.

Please feel free to contact Jamee Justason, Resolutions and Policy Analyst, if you have any questions about this process.

Tel: 604.270.8226 ext. 100 Email: jjustason@ubcm.ca

Very Best Wishes,

Arjun Singh UBCM President

Enclosure



Drone Usage Salmon Arm

Whereas flying recreational drones is an increasingly popular hobby that can disturb and pose risks to wildlife in sensitive ecological areas and recreational drones are prohibited in Canada's national parks for similar reasons;

And whereas there are multiple stakeholders including federal and provincial agencies and complex regulations involved in drone usage:

Therefore be it resolved that the federal and provincial governments collaborate to provide clarity and options for local governments in restricting the use of drones in local sensitive ecological areas.

#### **Convention Decision:**





Dear Mayor and Council:

RE: Access Awareness Day - June 1, 2019

June 1, 2019 is Access Awareness Day! Access Awareness Day provides an opportunity to look at our communities and reflect on ways to make them more accessible and inclusive for everyone! Access Awareness Day is part of National AccessAbility Week which takes place from May 26 to June 1, 2019.

As part of National AccessAbility Week, the goal is to recognize the efforts of individuals and communities that are actively removing barriers such that Canadians of all abilities have the best chance to succeed! The theme for this year's Access Awareness Day is "Accessibility Makes Communities Complete". As part of this year's planning, our goal is to draw attention to accessibility as being integral to where people live, work, learn and play.

Each year, as part of our annual Access Awareness Day campaign we reach out to local governments and community partners to learn more about the work that they are doing to ensure that all citizens are able to share their talents, experiences and abilities in all aspects of community life — social, physical, cultural, economic, and recreational. Please find enclosed thirty (30) copies of posters that have been developed to help build increased public awareness and support around accessibility and to recognize the importance of working together to ensure that everyone is included. Please share these posters with your local library, your accessibility committee, your department of parks and recreation and other local partners. Also, please do not hesitate to request additional posters.

I am also pleased to announce that this year, the Government of Canada's Social Development Partnerships Program — Disability component as well as the Ministry of Social Development and Poverty Reduction have made \$500 in funding available to municipalities and community-based disability groups who are holding local accessibility events. If you are planning an event, please do not hesitate to reach out to share your ideas and to request this funding. We know that by building accessibility we are creating stronger and healthier communities.

Email us at <u>abattalova@sparc.bc.ca</u> or tweet us at @SPARCBC to request funding for your event or to request additional materials or posters.

Thank you for the part that you play in helping to make our communities more accessible and inclusive for everyone!

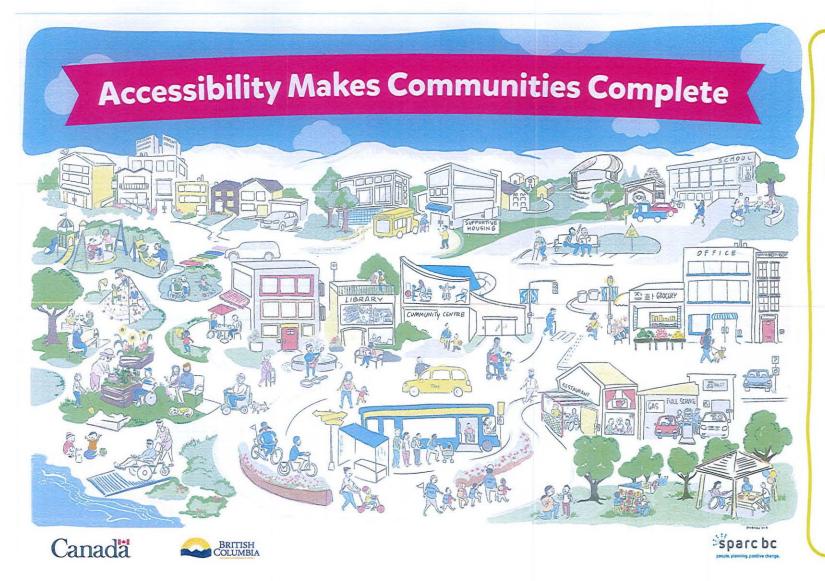
Sincerely

Alfiya Battalova

Manager of Accessibility Initiatives, SPARC BC









# Access Awareness Day 2019

Celebrated annually on the first Saturday in June,

#### **Access Awareness Day**

draws attention to accessibility as being an integral part of a complete community.

From: Khanna, Shivangi [mailto:shivangi.khanna@ubc.ca]

Sent: Wednesday, May 22, 2019 2:28 PM

To: Erin Jackson

Cc: Rural Evidence Review

Subject: UBC - Rural Evidence Review Project



Faculty of Medicine (Vancouver Campus)
Department of Family Practice
Centre for Rural Health Research
320 – 5950 University Blyd
Vancouver, BC V6T 123
Phone: 604-827-2193 | Fax: 604-827-2396
www.crtr.ca

#### **Rural Evidence Review**

Local Evidence for Health Service Planning Through a Rural Lens

Dear Erin Jackson,

I am contacting you on behalf of the Rural Evidence Review (RER) project, which is being led by Dr. Jude Kornelsen at the Centre for Rural Health Research, within the Department of Family Practice at the University of British Columbia.

The goal of the project is to work with rural citizens to provide high quality, useful evidence for rural health care planning in British Columbia. To do this we will: (1) ask rural citizens to identify the health care priorities that matter the most to them and their communities, (2) analyze what we hear, and (3) present what we learn to policy-makers and health administrators in the province.

To learn more about the RER and our team, please visit our website at the following links:

- The RER
- The Research Team

#### How can you help?

We need your help to reach out to rural citizens in your community. We are hoping to reach the residents of Salmon Arm, who can help our team to identify the health care issues that are most important to them. No issue is too big or too small!

Attached to this email you will find an 'engagement card', that provides information about the RER and how to participate.

Residents can share their priorities for rural health services in B.C. with our team at any time and in three ways:

(1) Take our survey. The RER Team has developed a brief and anonymous survey to learn about rural citizen and community priorities for health services – which can be completed in 10 minutes or less! The survey is available at: <a href="https://bit.ly/ruralevidencereview">bit.ly/ruralevidencereview</a>. There is no pressing deadline to fill out the survey, which will be available until the end of the project (i.e., April 2021).



- (2) Research Interview. Residents are invited to participate in a confidential interview with our research team about their research priorities. The interviews will take place by telephone. Individuals that are interested in participating in an interview are asked to email the project's Coordinator (Christine Carthew) directly at the email listed below to let our team know that they are interested.
- (3) Contact us. The project's Coordinator, Christine Carthew, can be contacted at any time to discuss the health service issues and priorities that are most important to rural citizens and communities in B.C. Christine can be reached by email at <a href="mailto:christine.carthew@ubc.ca">christine.carthew@ubc.ca</a> or telephone at 1 (604) 827-2193.

#### Participating in the Rural Citizen Advisory Committee

The RER Team is also putting together a Rural Citizen Advisory Committee to:

- (1) Provide local input about rural health care needs in British Columbia;
- (2) Provide feedback on the project's work; and
- (3) Help our team to plan how to share the project's findings with rural communities across B.C.

Our team would appreciate if you could please share our engagement card and information about the Rural Citizen Advisory Committee with your readers of City of Salmon Arm. Individuals that are interested in participating on the advisory committee are asked to email the project's Coordinator (Christine) directly at the email listed below to let our team know that they are interested.

Thank you for your time and effort in helping our team to contribute to the improvement of rural health services in British Columbia.

Sincerely,

The RER Team

#### Principal Investigator:

Jude Kornelsen, PhD

Associate Professor, Department of Family Practice, University of British Columbia (UBC)

Co-Director, Centre for Rural Health Research

E: jude.kornelsen@familymed.ubc.ca

T: (250) 653-4325

#### Research Coordinator:

Christine Carthew, MPH

Centre for Rural Health Research, Department of Family Practice, UBC

E: christine.carthew@ubc.ca

T: (604) 827-2193

# INFORMATIONAL CORRESPONDENCE – MAY 27, 2019

1.	J. Garner – letter dated April 27, 2019 – Request for biking sidewalk on Silver Creek River Road and Salmon River Road	A
2		٨
2.	J. Shirley – letter dated May 7, 2019 – Request for installation of memorial bench for P.	A
2	Shirley  M. Davidson and M. L. 104 2010. Davidson in the state of the	NТ
3.	M. Davidson – email dated May 10, 2019 – Downtown Improvement Association,	N
	Parking	A
4.	D. Wood, J. MacLennan, J. & G. Beveridge, R. Watt – letter dated March 25, 2019 –	Α
<b>-</b>	Properties located at 1640, 1690 and 1710 11 Avenue NE	
5.	S. Grimes - email dated May 16, 2019 - Peter Jannink Nature Park	A
6. <u>-</u>	G. Killoran – email dated May 22, 2019 – Salmon Arm/ Shuswap Regional Airport	N
7.	A. Slater, Executive Director, SILGA - email dated May 9, 2019 - SILGA Youth at UBCM	N
8.	C. Arnouse, Chief, Adams Lake Indian Band - letter dated May 10, 2019 - Grand	N
	Opening Celebration Invitation	
9.	Shuswap - Okanagan Citizens for Safe Technology - email dated May 13, 2019 - Facts	N
	retired Captain Jerry Flynn passes onto Council	
10.	D. Askew, President, Askew Foods - letter received May 14, 2019 - Askew's Foods	N
	Celebrates 90 Years of Quality & Service	
11.	T. Peasgood, Salty Dog Event Co-ordinator - letter dated May 16, 2019 - Salty Dog	N
	weekend of events May 10-12, 2019	
12.	C. Grayston, Executive Director, Salmon Arm & District Chamber of Commerce - letter	N
	dated May 16, 2019 - Chamber of Commerce Survey Results - Downtown Street	
	Parking	
13.	L. Munro Lamarre, Founder/ Director, The Smile Mission Oral Health Outreach	Α
	Society - letter dated May 20, 2019 - Sustainable shopping bag plan	
14.	Hilltop Tim Hortons – letter received May 22, 2019 – Camp Day June 5, 2019	Α
15.	Downtown Salmon Arm – newsletter - Spring 2019 Downtown Update	N
16.	BC Healthy Communities – newsletter – Spring 2019	N
17.	Interior Health - newsletter - May Monthly Newsletter	N
18.	A. Singh, President, UBCM – letter dated May 14, 2019 – 2019 Resolutions	N
19.	A. Battalova, Manager of Accessibility Initiatives, SPARC BC – letter received May 22,	N
	2019 - Access Awareness Day - June 1, 2019	
20.	J. Kornelsen, Associate Professor, Department of Family Practice, UBC and C. Carthew,	N
	Centre for Rural Health Research, Department of Family Practice, UBC - email dated	
	May 22, 2019 – UBC Rural Evidence Review Project	
	·	

Dear mr. mayor,

my you please put in a biking side walk on silver creek river road and on salmon river road? If you say no, that's or bot it you say yes that would be even better. you can make the dision mr. mayor! 60% bless you! White me a letter back! from Joshva Garner 3194 Johnson road Salmon arm. ME 3E6

May 7th, 2019

City of Salmon Arm Mayor and Council Box 40 500 - 2<sup>nd</sup> Ave NE Salmon Arm, BC V1E 4N2

Mayor Harrison, members of Council

Our family wishes do something special for our late father Pat Shirley who spent some 40 plus years with the Salmon Arm Fire Department.

We have purchased a Granite bench, same as in attached photo however with Salmon Arm Fire Department on the end sections and "In memory of Chief Officer Pat Shirley" in the middle back section.

As indicated the bench is made of Granite and is of a very good quality.

We request permission to install the bench on the south east corner of fire hall # 3 and we would be responsible for ground and concrete base for such.

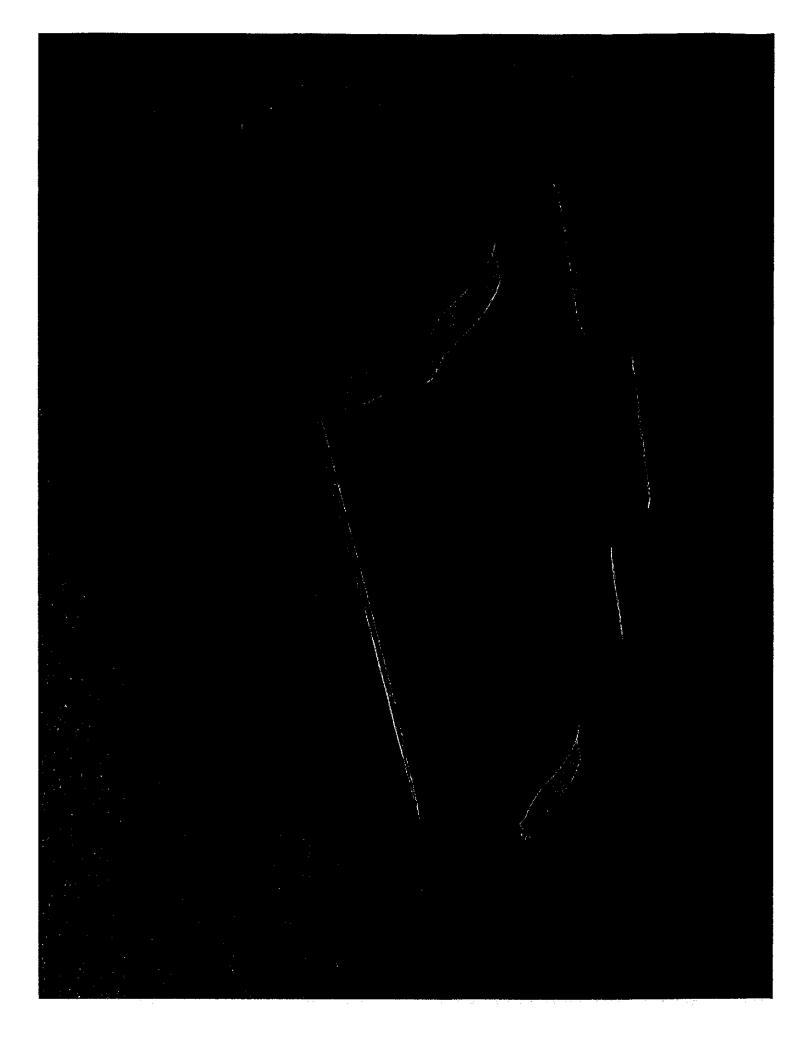
We have met with Darin Gerow, manager of roads and parks and he has no concerns with this.

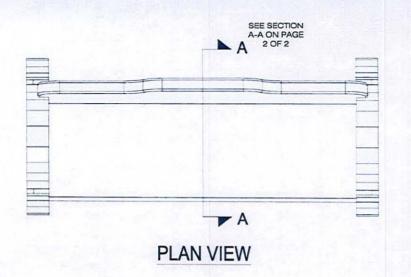
Although there is currently a bench in close proximity to the requested location, Mr. Gerow indicates his staff could easily remove and relocate to another location in town.

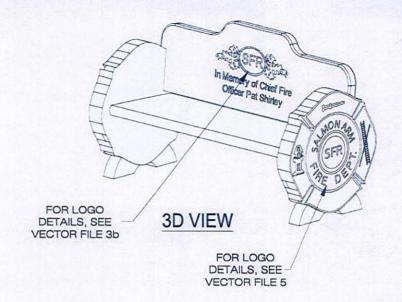
Thank you for your consideration in this matter.

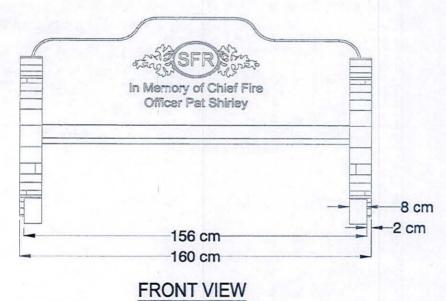
Jim Shirley

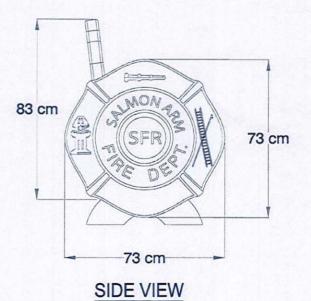
Cc: Greg Shirley Brad Shirley Pam VanHorne











DRAWING REFERENCE:

DRAWING TITLE

SFR Bench

R-24	DESIGN BY:	R. JENNENS	
N-24	DRAWN BY:	D.RICHARDSON	
PAGE 1 OF 2	SCALE	NTS	
REV C	DATE	OCTOBER 19, 2017	



manufacturing ltd. office furniture
Phone: (250) 765-4145 Fax: (250) 765-1213
e-mail: info@heartwood.ca website: www.heartwood.ca

From: noreply@civicplus.com [mailto:noreply@civicplus.com]

Sent: Friday, May 10, 2019 2:03 PM

To: Alan Harrison; Chad Eliason; Debbie Cannon; Kevin Flynn; Louise Wallace-Richmond; Sylvia

Lindgren; Tim Lavery; Carl Bannister; Erin Jackson **Subject:** Online Form Submittal: Mayor and Council

#### Mayor and Council

First Name	Margaret	
Last Name	Davidson	
Address:	170 Lakeshore Dr NE, PO Box 1226	
Return email address:		
Subject:	Downtown Improvement Association _ Parking	
Body	For the past ten years (I have operated a business in downtown Salmon Arm for 20 years), this organization has not served the downtown merchants. I believe the monies need to be allocated (less for staffing) and more for advertising/promotion. I was told retail was only 20% of downtown. If we are not supported by one hour parking, how will the banks and retail stores survive? What will downtown look like with no retail? I urge you to strongly consider what happened to retail on Hudson Street. The spa's and restaurants already have two hour parking available. Thank you for your consideration.	
Would you like a response:	Yes	

#### Disclaimer

Written and email correspondence addressed to Mayor and Council may become public documents once received by the City. Correspondence addressed to Mayor and Council is routinely published within the Correspondence Section of Regular Council Agendas.

Email not displaying correctly? View it in your browser.

March 25, 2019

Mayor and Council City of Salmon Arm

Dear Mayor and Council

Re: Properties located at 1640 11 Ave. NE 1690 11 Ave. NE 1710 11 Ave. NE



We, the owners of the properties (the "Properties") listed above, are writing to request that Salmon Arm Council reconsider the future "Service/Tourist Commercial" designation as defined in the Official Community Plan (the "OCP") for the Properties on the south side of 11<sup>th</sup> Avenue NE situated west of 18<sup>th</sup> Street NE to the intersection of 16<sup>th</sup> Street NE and return the future use of the Properties to R-1 zoning in the OCP when the OCP is opened for revision.

Section 9.3.18(c) of the OCP, in discussing the commercial corridor east of City Centre to 30 Street NE, states that "limited expansion of this area may be considered" and "may include convenience or small-scale food retail store, neighborhood pub, restaurant or cafe, commercial child care, office, personal service establishment, and upper floor residential." It is our contention that these needs are met by the current commercial establishments already in existence on 11 Ave NE east of 18<sup>th</sup> Street NE, including Askews' Uptown Store, Setters Pub, Home Restaurant, SASCU uptown facility which will include upper floor residential units, Comfort Inn, Super 8 Motel, MacDonald's Restaurant and the various stores and gas station in the small shopping centre on the upper south side of 11<sup>th</sup> Avenue NE. Given the level of commercial enterprises presently available in this area, we do not believe an argument can be made for more commercial enterprise to be developed on the Properties.

We make this request because we are currently being unfairly assessed under the Service/Tourist Commercial designation by the Assessor. The Assessor ruled that his assessment of the Properties is based on his opinion that the highest and best use of the Properties should reflect the Service/Tourist Commercial designation of the Properties under the Official Community Plan (the "OCP") of the city of Salmon Arm.

We have no interest in applying to rezone the Properties to Commercial, nor have we encountered any pressure to consider selling the Properties for commercial purposes. The Properties are rightfully presently zoned as R-1 by the City. The OCP future use should mirror this zoning and the Service/Tourist Commercial designation for the properties should be removed.

We are willing to appear before Council to discuss this request.

Regards,

David Wood & Jean MacLennan

1640 11 Ave NE, Salmon Arm

James and Gloria Beveridge

& Beveridge

1690 11 Ave NE Salmon Arm

Robin Watt

1710 11 Ave NE Salmon Arm



#### Erin Jackson

From:

noreply@civicplus.com

Sent:

Thursday, May 16, 2019 4:08 PM

To:

Alan Harrison; Chad Eliason; Debbie Cannon; Kevin Flynn; Louise Wallace-Richmond; Sylvia

Lindgren; Tim Lavery; Carl Bannister; Erin Jackson

Subject:

Online Form Submittal: Mayor and Council

#### Mayor and Council

First Name

SUSAN

Last Name

**GRIMES** 

Address:

53-601 BEATTY AVE NW BOX 3464

Return email address:

Subject:

Peter Jannink Nature park

Body

I would like to advise Mayor Harrison and all council members that Peter Jannink Nature Park has become a haven for drug users and alcohol drinkers - many of them spending the night under the gazebo that has been built there. I can no longer take my grandchildren there as the last time I did we were subjected to abusive language. This is no longer a family park. Constable Dickenson of the Salmon Arm RCMP advised me to inform him if I witness anyone drinking there but guite frankly I do not want to go there anymore. The transient people use the path in front of my home in West Harbour Village to get to this park and last Tuesday we had one such person in our yard washing himself with our garden hose and when asked by my husband to leave he became very abusive and threatened to break all our windows. The constable is aware of this and was very helpful. He knew the person involved and advised us not to approach him but to call the RCMP if we see him again. Trouble is this park has become a "Home" to them. Can I suggest the removal of the gazebo and table and benches as that way they cannot gather there. I am sure Mr. Jannink did not intend the land for this use. Thankyou, I hope, for your support on this matter.

Would you like a

Yes

response:

#### Disclaimer

Written and email correspondence addressed to Mayor and Council may become public documents once received by the City. Correspondence addressed to Mayor and Council is routinely published within the Correspondence Section of Regular



From: Guy Killoran [

Sent: May 22, 2019 9:06 AM

To: Alan Harrison; Debbie Cannon; Chad Eliason; Kevin Flynn; Tim Lavery; Sylvia

Lindgren; Louise Wallace-Richmond

Subject: RE: Salmon Arm/Shuswap Regional Airport

May 22, 2019

To City of Salmon Arm Council

I noticed recently a post on social media that the Salmon Arm Council was planning on spending over 800K on renovations or repairs to the runways and taxiways at the Salmon Arm/Shuswap Regional Airport. The social media post was to encourage people to oppose this type of expenditure.

I am writing to support the expense and to ensure that the Salmon Arm /Shuswap Regional Airport is maintained to the highest standard.

The airport is not a facility that everyone uses but it is a facility that benefits the entire area. I believe that the airport has helped the local community economically through out the years. The original airport was out near the DeMille's farm and would be a concern now with all the proposed road work and growing community where as now, its current location is prefect for the city. It is close to downtown and all the amenities that Salmon Arm offers plus it is out of the way of the growing housing market. It is next door to the industrial park which makes it appealing to future organizations that may move to Salmon Arm.

I would like to see that the airport is maintained to such a standard that it can and will be operational 24 hours a day 7 days a week. I believe it was last year that I read an article that stated about 50 thousand dollars was needed to clears trees and such to allow night time landings and that the money was not spent. I would like to see things like that project to be completed before taxiway upgrades so that the airport can maintain a 24-hour status.

The airport is important to the community and please do not consider it as an expensive toy for a select few.

Benefits of an airport:

- Air Ambulance accessibility 24/7 (not all patience are evacuated via helicopter, many go by fixed wing aircraft).
- Current and future economic benefits to the entire community.
- Forest fire teams use the airport as a staging area during fire season. Those crews are put up in hotels and eat in local restaurants.
- Tourists. Tourist do fly into the Salmon Arm airport to vacation in the area.
- And many more I am sure of.

In closing I would like to mention that this morning (May 22) I looked at the Web Cam Picture looking out from the terminal building (<a href="https://mascon.ca/web-cams/">https://mascon.ca/web-cams/</a> - click on SA Airport camera #1) and two large twin engine aircraft were parked on the ramp. I don't know why these aircraft are here but can assure you that they are spending money in the local community.

Thank you for your time and consideration in this matter I hope I explained it well enough that we all understand the importance of an airport to the local community.

Guy Killoran 1391-20 St NE Salmon Arm BC Canada V1E 2V5 **From:** southern interior local government **Sent:** Thursday, May 09, 2019 12:18 PM

Subject: SILGA Youth at UBCM

Good afternoon,

SILGA would like to extend the invitation to submit nominations for the Youth at UBCM program.

I have attached the SILGA policy which has all the details on the program. Nomination deadline is June 17th.

For more information please contact Shelley Sim at 250 674 1968 or the SILGA office at 250 851 6653.

Thanks, Alison

Alison Slater SILGA Executive Director PO Box 27017 Cityview PO Kamloops, BC V2E 0B2 250-851-6653 www.silga.ca

#### **POLICY MANUAL**

Policy No. 8 Page No. 1 of 1

#### RE: YOUTH AT UBCM POLICY (updated May 9, 2019)

#### **POLICY STATEMENT:**

It will be the policy of SILGA to reimburse up to 2 youth each year for the cost of travel, accommodation, meals and out of pocket expenses incurred to attend the UBCM convention.

#### **POLICY BACKGROUND:**

To promote youth involvement and interest in local government, SILGA will annually sponsor up to 2 youth to attend the UBCM convention. A call for nominations will be sent by SILGA after each annual convention to all SILGA members with the youth representatives chosen at the SILGA executive meeting on June 19, 2019. Deadline for nominations for 2019 is June 17<sup>th</sup>.

A SILGA member local government must first nominate a youth from their community. A brief statement written by the youth explaining why they want to attend along with a summary of their interests and accomplishments should accompany the nomination.

The local government of the selected youth will mentor them during the week of the convention. The youth will be requested to provide a written report to SILGA outlining their experiences and the impact the week had for them.

#### **Definition of "Youth"**

- School age secondary students registered in a public school, an independent school,
   Distributed Learning program or as a home-schooled learner
- up to the age of 19 on or after July 1 of the current school year

SILGA will spend up to \$5,000/year for the cost of this program. Receipts will be required. Sponsoring local governments are requested to cover the allocated conventions costs for the selected youth and then submit receipts to SILGA for reimbursement.

#### **POLICY DETAILS:**

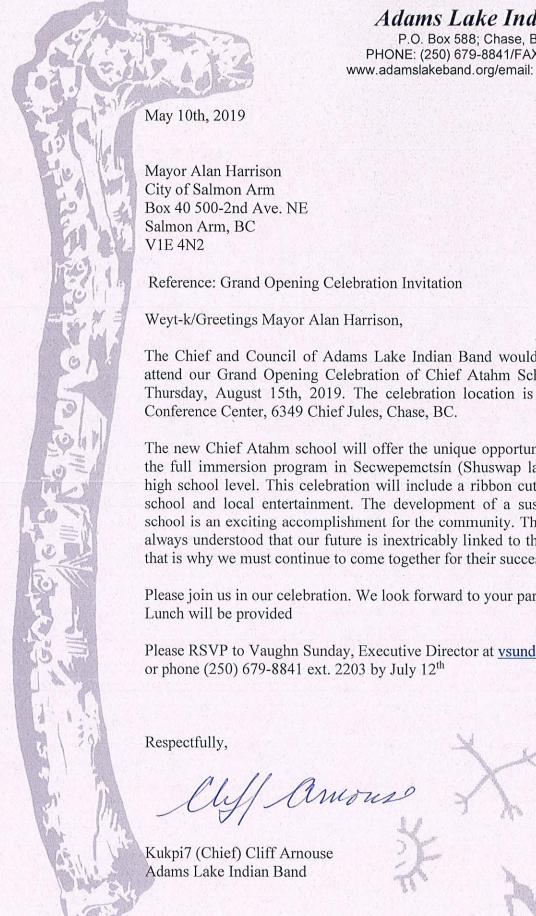
- 1. Transportation:
  - To pay compensation for air travel at the lowest available air fare; or
  - To pay compensation for the use of private vehicles at the rate equivalent to that paid by the Province of British Columbia<sup>1</sup>, to a maximum of the lowest economy air fare.
  - Only the driver is entitled to reimbursement for car mileage; the driver must submit the names of the passengers with the expense account.
- 2. Accommodation (due to weather conditions/distance travelled/ other circumstances):
  - To pay compensation for hotel rooms at cost and with a receipt required;
  - allowance of \$30.00 per night may be claimed (no receipts required).
- 3. Other Expenses:

 For all meetings and other authorized travel where required meals are not provided at the event, compensation for meals will be as follows:

> Breakfast \$15 including tips and tax Lunch \$25 including tips and tax Dinner \$35 including tips and tax

On the date of departure, travel must start before 7:00 am to claim breakfast; before 12:00 noon to claim lunch; and, on the date or return, travel must end after 6:00 pm to claim dinner.

 All other expenses occurred for hospitality expenses and other nonspecified expenses shall be reimbursed at cost when receipts are provided, subject to Executive approval.



# Adams Lake Indian Band

P.O. Box 588; Chase, BC/V0E 1M0 PHONE: (250) 679-8841/FAX: (250) 679-8813 www.adamslakeband.org/email: receptionist@alib.ca

RECEIVE

MAY 14 2019

The Chief and Council of Adams Lake Indian Band would like to cordially invite you to attend our Grand Opening Celebration of Chief Atahm School scheduled for 11:00am on Thursday, August 15th, 2019. The celebration location is at Adams Lake Recreation &

The new Chief Atahm school will offer the unique opportunity for our children to continue the full immersion program in Secwepemctsín (Shuswap language) at the elementary and high school level. This celebration will include a ribbon cutting ceremony, tour of the new school and local entertainment. The development of a sustainable, attractive and quality school is an exciting accomplishment for the community. The Adams Lake Indian Band has always understood that our future is inextricably linked to the education of our children and that is why we must continue to come together for their success and wellbeing.

Please join us in our celebration. We look forward to your participation and attendance.

Please RSVP to Vaughn Sunday, Executive Director at vsunday@alib.ca



From: RD

Sent: Monday, May 13, 2019 1:51 AM

**To:** Chad Eliason; Kevin Flynn; Louise Wallace-Richmond; Tim Lavery; Debbie Cannon; Sylvia Lindgren; Erin Jackson; Alan Harrison; <a href="mailton@csrd.bc.ca">admin@csrd.bc.ca</a>; <a href="mailton@csrd.bc.ca">chamilton@csrd.bc.ca</a>; <a href="mailton@csrd.bc.ca">thughes@csrd.bc.ca</a>; <a href

<u>crobichaud@csrd.bc.ca</u>; <u>chamilton@csrd.bc.ca</u>; <u>kcathcart@csrd.bc.ca</u>; <u>dbrooks-hill@csrd.bc.ca</u>; <u>pdemenok@csrd.bc.ca</u>; <u>rtalbot@csrd.bc.ca</u>; <u>rmartin@csrd.bc.ca</u>; <u>jsimpson@csrd.bc.ca</u>

Subject: FActs Retired Captain Jerry Flynn passes on to City Council

Dear Shuswap Mayor, Councillors, Directors and Administration personnel.

The Shuswap – Okanagan Citizens for Safe technology are hosting a rally to raise awareness around 5G and the dangers of adding more radiation to this city where radiation levels are already dangerously high.

Come! Join! Learn at Salmon Arm's 5G International Rally:



# Ross Street Plaza Wednesday, May 15<sup>th</sup> 11:45am to 1:15pm

The following Shuswap Market News article of May 10<sup>th</sup>, 2019, entitled "No Complaints from City on Cell Antennae", (also the same article appeared online, May 3<sup>rd</sup>, entitled "6 Cellular antennae proposed for Downtown Salmon Arm Building) alerted many aware citizens that our city leadership is in need of much further understanding about the dangers of EMF/RF radiation and the threat that is coming with the addition of 4G and 5G technologies.

Further understandings are extremely important because telecommunications companies have begun deploying 5G cell towers (microcells/small cells) up and down residential streets in some cities in British Columbia. These 5G cell towers spew radiofrequency radiation 24/7/365 into our town centres, neighborhoods, homes et al. This deployment is continuing despite studies by the National Institutes of Health, the World Health Organization, and biomedical researchers worldwide that have linked cellular radiation to cancer and to many other adverse health effects. **Everyone is at risk. Our children are especially vulnerable because they are still developing.** 

Education of all those responsible, at every level, for these deployments is vitally important!

One of the Rally's guest speakers who read this Market News article is Jerry Flynn, Retired Captain of the Canadian Military, specialist in Microwave Warfare, author and guest lecturer. Realizing that much more education is necessary for our political leaders to make wise decisions on these critical matters facing all communities, he passes on the following statements and links.

"Make sure your City Council and Regional District leadership, including administrators, are aware of these eight (8) facts: "

# **Eight Facts**

- **1.** Insurance companies refuse to offer liability insurance to anything that emits EMFs!
- **2. David Rockefeller's 1991 meeting with mainstream news media** thanking them for their cooperation in remaining silent on this issue for (then) 40 years. <a href="https://rense.com/general17/quote.htm">https://rense.com/general17/quote.htm</a>
- **3.** In 1995, then US President Clinton signed a formal Memo stating that towers (including cell phone towers) should not be sited on school grounds or near residential communities. <a href="https://www.youtube.com/watch?v=h2HvUhAcKD4">https://www.youtube.com/watch?v=h2HvUhAcKD4</a>
- **4. The International Scientists Appeal** to U.N. to protect humans and wildlife from EMFs and wireless technology ... why has now been signed by 242 scientists from 42 countries of the world.

http://electromagnetichealth.org/electromagnetic-health-blog/media-advisory-international-scientists-appeal-to-u-n-to-protect-humans-and-wildlife-from-electromagnetic-fields-and-wireless-technology/bioinitiative 2017 Report

- 5. the Seletun Scientists Statement International EMF Alliance <a href="http://www.iemfa.org/seletun-statement/">http://www.iemfa.org/seletun-statement/</a>
- **6. The BioInitiative 2017 Report** (21 scientists from 10 countries) <a href="https://www.emfacts.com/2017/11/bioinitiative-report-medical-concerns-intensify-over-deadly-brain-tumors-from-cell-phone-use/">https://www.emfacts.com/2017/11/bioinitiative-report-medical-concerns-intensify-over-deadly-brain-tumors-from-cell-phone-use/</a>
- 7. Physicians for Safe Technology <a href="https://mdsafetech.org/">https://mdsafetech.org/</a>
- 8. Environmental Health Trust https://ehtrust.org/

"History will record whether or not Salmon Arm's Mayor and Council and Regional District were enlightened and made what other informed people know is the only correct decision – one that will be heralded around much of North America! "

Jerry Flynn

We hope to see as many of you as possible at our Rally.

Richard Riach for

Shuswap North Okanagan - Citizens for Safe Technology

https://www.saobserver.net/news/no-objections-to-proposed-cellular-antennae/



No objections to proposed cellular antenna

Rogers informs Salmon Arm council of 2.6-metre antennae on downtown building as a courtesy

- Martha Wickett
- May. 7, 2019 1:40 p.m.
- News

Salmon Arm council members expressed their appreciation for receiving notification from Rogers of cellular antennae to be erected on a building on Alexander Street.

At the city's May 6 planning and development services meeting, staff described the notification from Medallion Wireless, on behalf of Rogers Wireless. Rogers proposes to install "six initial antennas and one microwave, with room for three additional antennas in the future, comparable to what might be located on a cellular tower," according to a city planning report.

Coun. Louise Wallace Richmond said she has heard concerns from business about a big structure on the building and is pleased to see that it's not. She added she's happy to be informed.

The equipment will be placed on the roof of 320 Alexander St. NE, the building between the CIBC and Shuswap Clothing & Shoe COmpany, which houses several businesses including Crazy River Clothing Co. and the Montebello Dental Clinic.

No public consultation is required because the installation meets city criteria: locating antennas on an existing rooftop is a preferred location, as are areas designated commercial by the official community plan. Also, the proposed antennae are 2.61 metres in height and will extend 2.31m above the existing roof's parapet, which is less than the three-metre maximum recommended.

Marshall Rasmussen of Medallion Wireless attended the meeting and described the proposal as a minor installation.

Kevin Pearson, the city's director of development services, noted the company could go ahead and put the antennae on the roof without coming to the city.

"This is a courtesy."

Read more: Salmon Arm council supports site for 200-foot cell tower

Read more: 2013 - Residents protest cell tower

Read more: 2012 - Proposed Sorrento cell tower has neighbours complaining

# Read more: 2017 - <u>EMBC to deliver satellite phones to wildfire-affected</u> areas

Coun. Chad Eliason also appreciated the notification and credited the work the city has already done on cell tower installations with making the process straightforward.

"We did a lot of work on cell towers and cell tower installations, so when they come and want to work with us, there's not much to be done... I think we've done three cell towers in my time here."

He also said he thinks adding more capacity for cell service, which will increase time for productivity, is important for the downtown.

In a letter to the city, Rasmussen wrote that the purpose of the site is to respond to the growing demand for wireless voice and data communication services, such as mobile broadband and video service for use on smartphones, computer tablets and laptops.

Mayor Alan Harrison pointed out that the antennae on the downtown firehall across from city hall are significantly taller than the ones proposed for Alexander Street.

"The ones they're proposing are quite low."



HEAD OFFICE Box 249, 4-111 Lakeshore Drive NE Salmon Arm, BC V1E 4N3 Tel 250.832.2668 Fax 250.832.2037 askews@telus.net

City of Salmon Arm Box 40 Salmon Arm, BC V1E 4N2



#### Askew's Foods Celebrates 90 Years of Quality & Service

It's been 90 years since our humble beginning into the grocery business in 1929. My grandfather Dick Askew purchased a butcher shop in Salmon Arm and this was just the start of Askew's becoming a community trusted independent grocer.

The grocery world is changing and Askew's continues to lead the way as an independent grocer. Our newest store, Askew's Uptown, which opened in 2012 has won numerous awards due to design and sustainability including the 2013 Lieutenant Governor of British Columbia Award in Architecture Special Jury Prize & 2013 Sustainable Forestry Wood Design. Our chain as a whole has continued to strive for excellence having been awarded the 2013 Canadian Top Independent Grocery of the Year, 2016 Corporate Business of the Year in Armstrong, numerous Awards of Merit from the Canadian Federation of Independent Grocers 2017-2018 and the 2018 Arnold Rands Heritage Award.

Askew's continually endeavours to be at the forefront of store design, product mix and customer service. In 2017, Askew's completely renovated our Armstrong store, enlarging the cafe and opening an outdoor patio. In 2019, we will complete an update of the original downtown location, where we expect to open a cafe and outdoor patio. All of our stores stock a wide selection of grocery items, approximately 50% more items than a traditional grocer. This includes a large selection of local and organic products.

Our customer counts and sales continue to grow company wide. To support our ongoing growth and development, we have provided long term employees advancement opportunities. We have also hired diverse and experienced staff to our management team. We are the dominant grocer in each of our markets and are making the changes and investment required in this industry to continue to lead the pack.

We are proud of our 90 years of service to our communities and partnerships with our suppliers. To show this we are planning a 90<sup>th</sup> celebration and invite you to be a part of it. As part of the celebration we have commissioned a commemorative edition anniversary publication from Paragon Publishing. We'll tell the evolving story of our company. We invite you to take part in this by showcasing your business to the 24,000 residents of Salmon Arm, Sicamous and Armstrong communities who will receive copies.

Nancy Whitticase of Prana Publishing will contact you on behalf of Askew's to discuss advertising opportunities. You may also contact Nancy directly at Prana Publishing: pranapublish@gmail.com or phone 250-832-5441.

Sincerely,

David Askew President







# Askew's 90th Anniversary 2019 Full Colour Ad Rate Card

We are proud of our 90 years of service to our communities. We are planning a celebration and invite you to join us. As a significant part of this event we have commissioned a commemorative edition 90th anniversary magazine.

Ad Sizes

We invite you to be a part of the Askew's 90 year history by showcasing your business to the thousands of households in Salmon Arm, Sicamous, and Armstrong area.

This high quality, full colour magazine will be a retainable reference guide of products and services available in store and around our community.

Ad Size (full colour)	Width	Depth	Cost
Outside Back Cover	7.25"	9.75"	3025
Inside Front Cover	7.25"	9.75"	2835
Inside Back Cover	7.25"	9.75"	2765
Two Page Spread	15.75"	9.75"	4795
Full Page	7.25"	9.75"	2595
Half Page Island (editorial surround)	4.75"	7.25"	1725
Half Page Horizontal	7.25"	4.75"	1575
Half Page Vertical	3.5"	9.75"	1575
Banner	7.25"	2.25"	745
Quarter Page Vertical	3.5"	4.75"	745

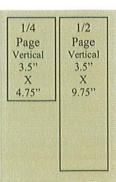
- A proof of your ad will be sent for approval/correction prior to publication
- · A complete copy of the published magazine will be sent to your attention
- The above rates do not include taxes
- Payment due upon receipt of ad proof
- Payable by Cheque or E-Money Transfer to Prana Publishing

# Prana Publishing

Contact: Nancy Whitticase 250-832-5441-pranapublish@gmail.com Address: 550-6th Street SE Salmon Arm BC V1E 4E4 Half Page Island In Editorial 4.75"x 7.25"

Half Page
Horizontal
7.25" x 4.25"

Banner
7.25"x 2.25"



Magazine Trim Size: 8.5"x 11" Full Page Colour



May 16, 2019

Re: Salty Dog weekend of events May 10-12, 2019

To: Salmon Arm Mayor, City Council, Rob Niewenhuizen, Cam and the City Yard Works office

Salty Dog organizers would like to thank the City of Salmon Arm and staff for their support of the annual Salty Dog weekend of events May 10-12. Thank you for communicating this great event to our community at large, with regarding the use of the South Canoe bike trails. Thank you for the use of City barricades, delineators, pylons and safety vests - these were used at both The Salty Street Festival on Saturday, as well as the Salty Dog race on Sunday.

As you all know Salty Dog is a massive Salmon Arm community effort. Volunteers help with the pre-event South Canoe annual trail clean up, during Salty weekend over 100 volunteers help the event in some way. Along with you, the Salty Dog race has the privilege to work with the following community groups: City of Salmon Arm, BC Ministries of both Transportation, and Forests & Tourism, Shuswap Cycling Club, Shuswap Trail Alliance, Shuswap Tourism, WaterWay HouseBoat Vacations, Salmon Arm Economic Development, Larch Hills Nordic Jr Racers, Shuswap Search & Rescue, Silver Star & Sun peaks Resorts, and many industry leading bike vendors.

Salty Dog weekend of events now includes: Friday night trail ride and BBQ, The Salty Street Fest Saturday, Salty Dog 6 Hour Enduro race on Sunday.

On Saturday May 11 Salty Street Fest event happened Downtown Salomon Arm. Live music, run bike parade, hulla hoops, clowns, face painting & street performers, bike swap, bike co's set up with cool gear, local tourism booths, all creating smiles and lots of fun! This year's Street Fest was another great community event supported by City of Salmon Arm, Down Town Salmon Arm, Shuswap Tourism, Salmon Arm Chamber, Shuswap Cycling Club, Shuswap Trail Alliance, Economic Development Society. With direct contributions from WaterWay HouseBoat Vacations, DeMilles, Skookum Cycle, Shuswap Pie Co, Candy Vault, Silver Star & Sun Peaks Resorts, and Shuswap Events. Salty Dog Weekend is one of only a few Bike events in BC that annually attracts major bike industry leading vendors. The 2019 Salty Street Fest was another fun event, building community spirit and early summer tourism momentum for Salmon Arm and area. Both our City of Salmon Arm Mayor and Shuswap MLA volunteered at the Street Fest again this year!

Salty Dog weekend has grown to be one of the premier bike events in BC, and maybe in Western Canada. It attracts 700-750 riders annually from all over BC, AB, SK, Territories, and North Western US. Most riders bring 1-2 people to Salmon Arm addition to themselves, fill our hotels, campgrounds, and restaurants. As the Salty Dog weekend of events continues to expand, we will continue to capture more tourism dollars locally, important pre-tourist season income in May. These same people may come back and visit our great community over the summer, again experiencing everything Salmon Arm, and the Shuswap have to offer with our bike trails, lake, and fantastic hospitality.

On behalf of the Salty Dog and Salty Street Festival planning committees, Thank You, Tom Peasgood Salty Dog Event Co-ordinator





CHAMBER OF COMMERCE

SALMONARM

"The Poll"

May 16, 2019

City of Salmon Arm 500 – 2 Avenue NE Salmon Arm, BC

Attention: Councillor Debbie Cannon

Dear Debbie:

Re: Chamber of Commerce Survey Results - Downtown Street Parking

The Chamber recently closed our latest Poll and would like to share the results with City Council and Staff.

The question we posed was:

"Currently street parking in downtown Salmon Arm is limited to 1 hour. Would you like to see longer street parking options in our downtown?"

Forty-one individual responses were collected and the results were:

In Support: 83%

Not in Support: 17%

We have shared these results with our membership which includes Downtown Salmon Arm, Salmon Arm Economic Development Society and other stakeholder organizations.

If you would like additional information regarding the survey and results we would be happy to speak with you further.

Yours truly,

Corryn Grayston,

Executive Director,

Salmon Arm & District Chamber of Commerce.



## THE SMILE MISSION

**ORAL HEALTH OUTREACH SOCIETY** 



Box 39, 206 - 310 Hudson Ave NE P: 250 833 Salmon Arm, BC V1E 4N2

F: 250 832 6683

OPEN LETTER TO MAYOR HARRISON AND THE SALMON ARM CITY COUNCIL

Salmon Arm May 20, 2019

Re: Sustainable shopping bag plan

Dear Mayor and Council:

On April 23, I attended the Salmon Arm City Council meeting on their idea to ban single-use plastic bags. Local business representatives present agreed with the idea, just needing time to use up current bags. I presented several samples of washable fabric bags, created locally from clean recycled materials to be sold by donation to The Smile Mission Oral Health Outreach Society, which is a local registered charity raising funds to lower barriers to accessing basic dental care in Salmon Arm.

The meeting concluded with the Mayor and Council deciding to acquire 8- or 9000 multiple-use bags from (China?), to be distributed to households in Salmon Arm.

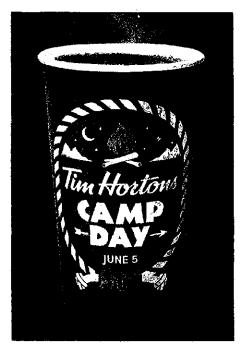
In hindsight, I question the wisdom of using Salmon Arm money to buy bags from China that will still be made with plastic. China's environmental regulations are less stringent, and those bags will still be in our landfill hundreds of years from now: this is contrary to the whole point of moving away from plastic. Getting things cheaper from China does not count all the costs, and our goal here is to stop polluting. Further: the plastic-coated multiple-use grocery bags do not survive washing well and, as any cashier will tell you, they get gross after a while. Using those plastic bags to promote Salmon Arm will be sending the wrong message: that we are cheap, short-sighted and do not care about the long-term effect of products we (cause to) produce.

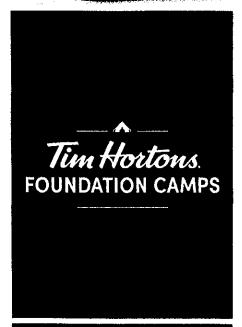
Why not use what we have right here? We have an alternative that will send the right message. How about expanding the Smile Mission fabric bag project already in progress, which will give Salmon Arm residents unique, washable and long-term reusable shopping bags, employ local people and support improved access to dental care, and with that, population health? Here is potential for a new, clean industry right here in Salmon Arm. We start, and lots of towns will want this.

I already started by creating a sewing room downtown, we can create any bag the City wants out of locally sourced materials and there is lots of excellent fabric around that can be re-purposed for this. The Smile Mission fabric bag project has been well-received, "bags supporting dental care" are available locally and residents have come forward with cheers, material supports and offers to help.

The Smile Mission Oral Health Outreach Society is a Registered Charity helping local residents who have financial barriers to access dental treatment with dignity in regular clinics. Improving oral health improves population health, which makes this a win/win for everybody. Can we talk?

Liz-Ann Munro Lamarre, founder, director The Smile Mission Oral Health Outreach Society





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(519) 448-1248 www.timhortons.com/foundation

Reg No. (Can) 11926 4885 RR0001 Reg No. (USA) (501(c)) 31-1681446

## WE'D LOVE FOR YOU TO JOIN US!

Dear SPECIAL GUEST'S NAME HERE:

Tim Hortons Camp Day is coming up on Wednesday, June 5th – the largest annual fundraiser for the Tim Hortons Foundation Camps - and we need your help!

#### Here's why

Over the past four decades, the Tim Hortons Foundation Camps have helped more than 275,000 youth from disadvantaged circumstances in your community change their stories for the better. When youth grow up in a disadvantaged environment, the chances increase that the cycle of poverty is repeated, and their ability decreases to develop necessary skills to become successful adults.

Tim Hortons Foundation Camps supports kids between the ages of 12 to 16 at a time in their lives when they are determining who they will become as adults. Through a unique multi-year, camp-based program, they learn skills like leadership, resilience, and responsibility, empowering them to believe in their own potential and return home to succeed in post-secondary school, work and thrive in their communities.

So today, we kindly ask you to support Camp Day by spending some time in our Restaurant on June 5 pouring coffee or greeting and thanking guests for their donations. Your presence will help drive attention to this important cause.

On Camp Day, every penny from coffee sales during the 24-hour period, as well as money raised through Camp Day bracelet donations, and fundraising activities, is donated to the Tim Hortons Foundation Camps.

On behalf of all of the kids from our community who will visit one of the seven Tim Hortons Foundation Camps across North America this year, thank you in advance for any time and energy you can donate to this worthwhile cause. I will call you shortly to discuss your participation on Camp Day.

Kind regards, Margaret and Kelly momoores à show, ca

Call Top of the h.11
250-833-1925

h: 11 toptims 19460 gmail. com

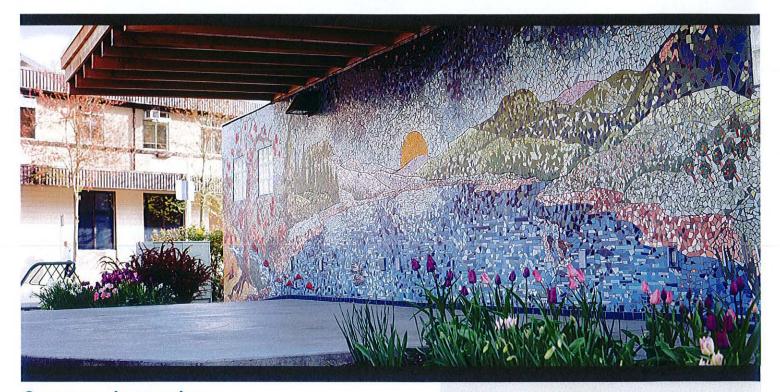


SPRING 2019 ISSUE NO. 2

# DOWNTOWN UPDATE

Seasonal Publication Of Downtown Salmon Arm

Our vision is to have a compelling downtown experience. Our mission is to build a unique 'vibe' to attract and retain community residents, downtown employees as well as visitors through beautification, cultural projects, events, promotions, restaurants, retail and destination entertainment activities.



## Summer is coming

There are differing opinions on which season in Salmon Arm could be voted the "Best." Our town seems to burst back to life as birds and snowbirds, flowers and pollinators, tourists and traffic return for our long sunny days. Let's be honest, summer rocks in the Shuswap.

We are called outdoors with cafe tables on sidewalks and shoppe doors open and welcoming. We enjoy downtown events like Salty Dog Street Fest this month, followed by MultiCultural Day the next. June also welcomes the highly anticipated Downtown Farmer's Market every Saturday. You can tap to the rhythm of Downtown Live and Busk Stop summer music series, Salmon Arm Arts Centre's Wednesdays On The Wharf and Roots and Blues Festival performers. So, come downtown with your sunglasses and sunscreen and let's get ready for some summer fun.

#### **INSIDE THIS ISSUE:**

- Proposed Bylaw Open House
- Salty Street Fest
- Best Dressed Window Display
- Ride Don't Hide
- Multicultural Day

DOWNTOWN

SALMONARM



Proposed DSA Bylaw Open House at the Salmon Arm Innovation Centre.

Drop in, grab a snack and mingle with the Board of Directors to learn specific information on what's proposed for the new bylaw term and get details of what the next seven years will entail for Downtown Salmon Arm and it's membership.

Wednesday, May 15, 5pm-7pm Salmon Arm Innovation Centre 220 Shuswap Street NE

Best Dressed Window Display

## WINNER

Congratulations to our 2019 1st place winners, Inclusive Arts. A very close 2nd was awarded to Intwined Fibre Arts. There were many creative displays entered this year, be sure to check them out.





Summer Music Series



Street Entertainment Program

Street entertainment 'buskers' will be part of the character of downtown. As part of the approval process, a 'busker' is required to fill out an application and agree to the following policies below

http://salmonarmdowntown.com/music/busk-stop

Generously sponsored by:





Contact Us:
Downtown Salmon Arm
250 Shuswap Street
PO Box 1928
Salmon Arm, BC V1E 4P9
250-832-5440
info@salmonarmdowntown.com
events@salmonarmdowntown.com





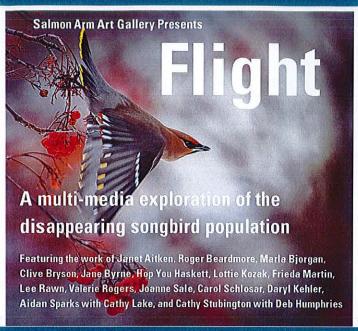
Back for 2019, Downtown Live at Ross Street stage continues with a few changes. Join us on Fridays for the lunchbox stage and new this year, Saturday morning Farmer's Market Performers, all at Ross Street Stage.

- Friday afternoons @ 12:30
- Saturday morning Farmer's Market @10:30am

http://salmonarmdowntown.com/music/downtown\_live







## **April 13 to June 1, 2019**

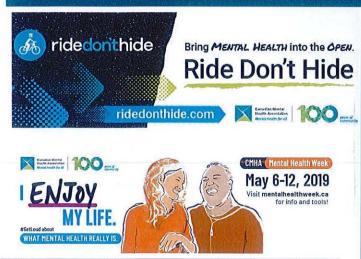
Opening Reception | Friday, April 12, 7pm
Gallery Hours | Tuesday to Saturday, 11am to 4pm
Movie "The Messenger" | Thursday, April 18, 4pm
Family Saturdays | 11am to 3pm drop-in
Coffee Break Artist Talk | Thursday, May 16, 2pm
Sponsored by | Tech-Crete Processors Ltd.

salmon@rm ants

centre

70 Hudson Ave. NE Salmon Arm, BC 250 832-1170 www.salmonarmartscentre.ca

"Bohemian Waxwing" Roger Beardmore



#### BURGER + BIKE = BE WELL

All proceeds go to Ride Don't Hide Fundraiser









When: Friday May 10th 11:45 am - 1:00 pm Where: Ross Street Plaza

What: BBQ, music and having some Fun with bikes







**Thank-you For Your Support** 



**Multicultural Festival** 

Food • Music • Games • Exhibits

Thursday, June 27, 2019
Ross Street Plaza, Downtown Salmon Arm

**8**PM





## **BC Healthy Communities**

People. Place. Potential.



A group canoes in the Creston Valley Wildlife Management Area of BC. Photograph by Province of BC/Flickr

Welcome to our Spring Issue! As beautiful green seedlings are starting to pop up across the province, we are also making appearances across the province, working in communities around BC. It's an exciting time—read on to learn more about some of the things we're up to!

#### Welcome Jacob!

The BCHC team are very excited to welcome Jacob Cramer to the team. As our new Researcher, Jacob will help us continue to demonstrate the impact we are having in communities. He'll also be providing evaluation and research support to our partner communities across the province. Jacob's background includes a Bachelor of Political Science from UBC and a Post-Graduate Diploma in Urban and Rural Planning from Langara. When he's not in the office, you'll most likely find him on his bike or in his garden.





#### A to Z of Healthy Communities

Together with Ontario Healthy Communities Coalition, we bring you the A to Z of Healthy Communities—a collection of terms you'd find in the Healthy Cities movement.

#### P is for Political Commitment

Political commitment to a healthy community can be demonstrated when local government provides leadership and decision-making that considers health and well-being in policy decisions, partnerships and planning.



#### BCHC team nominated for planning award

We're proud to announce that our team, together with our project partners at Urban Matters was recently nominated for the Planning Institute of BC's New Directions Award for our work on the Strathcona Housing Needs Assessment.



**Read more** 



#### We're hiring!

Are you a details person who also loves working with people? BC Healthy Communities is currently looking for a fun-loving and resourceful Administrative Assistant to join our dynamic team—is that person you? Applications are due May 27.

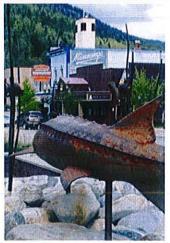
See the posting

#### Chilliwack to host Cities Fit for Children Summit

Earlier this month, our Executive Director Jodi Mucha joined Chilliwack Mayor Ken Popove to announce that the city would host the 2020 Cities Fit for Children Summit. The announcement took place during the 26th Conversation on Chiliwack's Children, an annual event organized by the Chilliwack Child and Youth Committee.







## Four ways local governments can support mental health through community design

What role do planners, architects and local government decision-makers play in supporting mental health? As Mental Health Week wraps up here in Canada, and Mental Health Awareness Month continues in many other countries, we're re-sharing a blog post that makes the connections between mental health and the built environment.

**Read more** 

### Relationships more valuable than money: Rural community resilience outside the formal economy

Can you put a price on knowing that your neighbour will use her plow to dig you out of a snowstorm? Or a dollar value on the casserole that the person down the road brings you when you're laid up with the flu and can't get out to buy groceries? In this guest post from Abra Brynne, Executive Director of the Central Kootenay Food Policy Council and Kerri Wall, Community Health Facilitator with Interior Health's Healthy Communities, the two make a case for paying more attention to the social capital of close-knit, rural communities.





## A place to call home: Working towards a housing solution for older adults in Lytton

As older adults age-in-place, they require not only continued access to local services, community, culture, and family but also a place where they are safe, one that they can call home. Thanks to funding from the Age-friendly Communities Grant Program, Lytton has moved forward on a Housing Needs and Demands Study, with the goal of ensuring seniors and elders have the support they need to live to the fullest.

**Read more** 

### Building an Age-Friendly region: Trail, Rossland and Montrose collaborate on plans

Recently, the City of Rossland, in partnership with neighbouring Trail and Montrose, embarked on a regional strategy to ensure that older adults can continue to be involved and active in their community into their later years. Their Age-Friendly Community Action Plans included both aligned regional priorities and plans specific to each community's needs.





Good news travels fast.

Articles that make you think, make a difference and make your day.

- Toronto doctor prescribes income to patients living in poverty (Ottawa Citizen)
- Oliver Sacks: The healing power of gardens (New York Times)
- Climate change the biggest threat to public health, say coalition of doctors (CTV)
- Principles for building healthy and prosperous communities (Build Healthy Places)
- The healthiest communities are the ones where people can afford homes (Fast Company)
- Study: Good bike and ped infrastructure actually makes neighbours healthier (Streetsblog)









**BC Healthy Communities** 

300 - 722 Cormorant St | Victoria BC V8W 1P8 250-590-8442

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Manage your subscription preferences below.

Preferences | Unsubscribe



## **Healthy Communities**

Monthly Newsletter



May 2019

## **Community Recognition**

## Summerland Health & Wellness Series: 'Candid about Cannabis and Vaping' Event

As part of the Summerland Health & Wellness series, a partnership between the District of Summerland, SD67, Summerland Healthy Community Initiative, Interior Health, the Summerland Child and Youth Committee and other partner groups, a candid discussion about cannabis and vaping took place on May 16<sup>th</sup>. The event was very well received by the community with over 120 attendees and a five speaker discussion panel. Other topics the series has addressed include mental health literacy and the physiological impact of smartphone use.

#### Fresh Fruit & Vegetable Sharing Stand Concept Expanding

An idea sprouted in 2015 by the FACT (Food Action for Today and Tomorrow) Committee in the City of Enderby has been growing and expanding throughout the Okanagan valley. The <u>Harvest Sharing Hut</u> shares fresh fruit and vegetables. Their moto is "Share what we have and take what you need" and is open to everyone. The concept spread to the District of Summerland in 2018 with the opening of <u>The Sharing Stand</u>, and the Town of Oliver has its own <u>Harvest Hut</u> coming this summer.

## Regional District of Central Kootenay Declares Climate Action Imperative

The Board of Directors of the RDCK joined municipalities across Canada and around the world in formally recognizing the global and local state of climate crisis. The Board <u>declared an imperative</u> for all orders of government to undertake changes to building construction, energy systems, land use, and transportation, and explore opportunities to address the reality of the crisis. The influence a local government can have on climate action is interwoven with its influence on community health so it is great to see such commitment at the regional level.

## **Events & Learning Opportunities**

#### **BC Active Transportation Summit**

Please join leaders, stakeholders, and advocates from government, industry, academic, and non-profit sectors on June 17th and 18th at the Anvil Centre in New Westminster for the first annual BC Active Transportation Summit organized by the BC Cycling Coalition. You will leave with practical ideas and knowledge for creating communities that are safe and accessible for walking, cycling, and wheeling year-round. Register here.





#### Bike to School and Bike to Work Week 2019

Reminder <u>Bike to Work Week</u> and <u>Bike to School Week</u> are both coming up the week of **May 27 – June 2!** #GoByBike Everywhere!

## **Healthy Public Policy Resources**

#### 2019 Living Wages Released

We know that health and income are very interconnected. A living wage is the hourly rate that 2 parents in a model 4-person family need to be paid to ensure their basic expenses such as food, clothing, rental housing, child care, and transportation are covered. The 2019 Living Wage Rates show how recent changes in policy and budget regarding child care is making life more affordable for some families, with lower living wages all over the province. To learn more about the 2019 Living Wage Rates, check out this press release.



#### Colour of Poverty- Colour of Change Fact Sheets



New fact sheets from the advocacy group 'Colour of Poverty -Colour of Change' show growing racial disparities in Canada, including health disparities. The ten fact sheets are based on the

2016 Census of Canada and other recent studies. Find these valuable resources here.

#### Toolkit for Outdoor, Unstructured Play

Canadian Public Health Association has recently released its <u>position</u> <u>statement</u> in support of children's unstructured play alongside a toolkit to help decision makers at all levels recognize its value to child health and well-being, and stimulate action to bring unstructured play back into our daily lives. Here's how <u>local governments can be involved</u>!



ASSOCIATION CANADIENNE DE SANTÉ PUBLIQUE

## **Funding News**

#### CMA Foundation- Healthy Canadian Grants Program



Like we shared earlier in the month, the Healthy Canadian Grants Program provides support for community-run initiatives that improve the quality of life for patients and vulnerable populations living in those

communities. This year's focus is youth (12-25) mental health and substance abuse. There are 15 grants of \$20,000 each available. The deadline for the application is May  $31^{st}$ , 2019. To learn more check out the CMA Foundation website.

#### Interior Health-Community Food Action Initiative



Interior Health has Community Food Action Initiative (CFAI) single year funding available to support communities within the Interior Health region to improve community food security. This opportunity is open to local governments, Aboriginal governments and organizations, schools and school districts, registered non-profits and charities, and community coalitions and councils within the Interior Health region. There is a total of

\$90,000 in funding available with proposals up to \$15,000 being considered. This funding is to support project costs starting in summer 2019.

Please find application details in the single year application guide attached to this e-newsletter. Applications will be accepted until 5pm PST May 29th, 2019.

#### UBCM- Housing Needs Report Funding

<u>Housing Needs Reports</u> are now required by newly-amended legislation and will strengthen the ability of local governments to understand what kinds of housing are most needed in their communities, and help inform local plans, policies, and development decisions. <u>Funding is now available</u> with the first round of applications due on May 31<sup>st</sup>, 2019.

The links between health and housing are clear. Talk to us if you would like help with accessing population health data, collecting health evidence related to housing, organizing community engagements, or facilitating dialogue sessions!



#### UBCM- Urban Communities Partnering for Reconciliation

The <u>UCPR pilot program</u> is intended to support events and activities that provide a time and place for dialogue to build on opportunities, support reconciliation efforts, resolve issues of common responsibility, interest, or concern and/or to advance tangible outcomes. The application deadline is May 24, 2019.

## Health Canada- Micro-Grants for Cannabis and Vaping Awareness Initiatives



Government of Canada

Health Canada is offering micro-funding for innovative projects that provide education and/or awareness about the health effects of cannabis and/or risks of vaping. Successful submissions will be eligible for up to \$1,000 of

funding. Funding applications will be accepted on a first come, first served basis, with consideration given to fair geographical and audience distribution.

#### Recognizing Laura Kalina, retired Public Health Dietitian

After a 30+ year career dedicated to the food security movement, we are celebrating the retirement of our colleague, Public Health Dietitian, Laura Kalina. Over the years, Laura supported many communities to strengthen healthy public policy related to food security including the <a href="City of Kamloops Food and Urban Agriculture Plan">City of Kamloops Food and Urban Agriculture Plan</a>.

We wish Laura all the best in her new adventures!

Our public health dietitians help to administer the CFAI funding (mentioned above) and are available to work with local governments to:

- Assist with creating a food security or agriculture plan
- Support food policy councils & regional food security networks
- Bring food security & health evidence to planning processes
- Help make the link between the cost of food, household food insecurity & poverty reduction work

#### Sincerely,

### Your Healthy Communities Team

#### Contact us at: healthycommunities@interiorhealth.ca

To subscribe, send a blank email with <u>Subscribe to Monthly e-newsletters</u> in the subject line.

To unsubscribe, send a blank email with <u>Unsubscribe to Monthly e-newsletters</u> in the subject line.



## Community Food Action Initiative 2019-2020 Single Year Funding

Interior Health is pleased to announce single year funding will be available through the *Community Food Action Initiative (CFAI)* to support food security work in communities in the Interior Health region. These funds are to be used between <u>July 2019 - March 31<sup>st</sup></u>, 2020.

#### The overall goals of CFAI are to:

- Increase awareness about food security
- Increase access to local healthy food
- Increase food knowledge and skills
- Increase community capacity to address food security
- Increase development and use of policy that supports community food security

#### The intention of this round of single year funding is to:

- Support initiatives that meet one or more of the overall CFAI goals
- Support communities at <u>varying stages of readiness</u>
- Support rural, remote and Aboriginal communities when possible
- Build capacity in communities to take collective action to address food security such as:
  - Provide support to communities to build on existing initiatives
  - Provide support to communities to explore new and emerging innovative ideas
- Provide support for organizing community collaboration
- o Support communities that have collaborative capacity in place and are ready to:
  - develop and/or coordinate a Regional Food Security Network
  - o develop and implement a food security plan

#### **Eligible Applicants**

- First Nations governments and organizations
- Local governments
- Schools or school districts
- Non-profit organizations
- Community coalitions or councils

#### **Funding Available**

There is a total of \$90,000 of funding available. The maximum amount available per grant is \$15,000.

\*Note that we aim to distribute funding across the **IH region** whenever possible, depending on the applications we receive. We also take into consideration which communities have and have not received significant CFAI funding in recent years when reviewing applications of similar strength.

#### **Single Year Project Types**

Examples of eligible initiatives:

- food action projects that involve multi sector partnerships, and where projects demonstrate strong potential to build connections, partnerships and sustainability
- hosting community engagement event(s) to initiate discussions or collaboration opportunities
- building the capacity or reach of an existing initiative
- food security network development or coordination
- food security plan development or implementation
- carrying out a needs or feasibility assessment

#### To apply for funding

Please submit a proposal (3 pages maximum plus 1 page budget, no smaller than 11 point font) including:

- Explanation of how funds will be used including how the proposed activity meets at least one of the CFAI goals and how the application aligns with other aspects of this year's intention for the single year grants
- Statement of how the activity will address a relevant local/regional issue
- Explanation of the role of stated partners involved, including the Interior Health Public Health Dietitian in your region
- Identify whether the activity is connected to current/ongoing initiative(s) or a new and emerging idea
- How the proposal will build capacity, collaboration, connections and relationships
- Explanation of how activity will be evaluated (ie. expected measurable outcomes, appropriate measurement tools or methods)
- Statement of sustainability (ie. plans to continue with work after CFAI funding period)
- A letter of support (LOS) from at least one partner agency, local or First Nations government, or other applicable group is required. The LOS should demonstrate the partner's engagement and expected contributions to the proposed project.
- Budget (see template on next page). Please note: proposals demonstrating reasonable in-kind contributions and committed monetary contributions from the host agency are preferred.

Proposals can be sent to cindy.bossio@interiorhealth.ca by Wednesday, May 29th 2019 at 5pm PST

## **Budget Template**

Expense Description	Details	Time Frame of Activity	Cost	Amount Requested from CFAI	Amount from other funding source or in-kind
		TOTAL			



Dear Applicant,

We are pleased to inform you that Interior Health has Community Food Action Initiative (CFAI) single year funding available to support communities within the Interior Health region to improve community food security. All CFAI 2019 funds will be used for single year funding.

This opportunity is open to local governments, Aboriginal governments and organizations, schools and school districts, registered non-profits and charities, and community coalitions and councils within the Interior Health region. Please find application details in the single year application guide attached.

There is a total of \$90,000 in funding available with proposals up to \$15,000 being considered. This funding is to support project costs starting in summer 2019. Funding must be spent by March 31<sup>st</sup>, 2020.

The objective of the single year funding is to support projects that build community capacity to address food security through increased awareness, knowledge, skills and networking. Please see the <u>Interior Health Food Security website</u> for examples of projects that have been funded in the past. Applications will be accepted until 5pm PST Wednesday May 29<sup>th</sup>, 2019. Successful and unsuccessful applicants will be notified by Wednesday June 26<sup>th</sup> 2019.

Please submit your application electronically by 5 pm PST, Wednesday May 29<sup>th</sup> 2019 via email to <u>cindy.bossio@interiorhealth.ca</u>. If you have any questions about the guidelines, please contact Cindy Bossio, Public Health Dietitian, by email or by phone (250-420-2229).

We look forward to continuing our work with communities and organizations throughout the Interior Health region in pursuit of increasing community food security. Thank you for your continued interest and efforts in this important field of work.

Kind regards,

Janice Talarico
Healthy Communities Nutrition Manager

\*Please note that on-going financial support for food security initiatives is dependent upon the delivery of provincial funds to the Interior Health Authority and projects meeting agreed-upon deliverables.

Bus:

(250) 425-4531

Email:

Janice.talarico@interiorhealth.ca

Web:

www.interiorhealth.ca

INTERIOR HEALTH Healthy Communities Nutrition Manager PO Box 1120, 570 Pine Avenue Sparwood, BC V0B 2G0



May 14, 2019

Mayor Alan Harrison City of Salmon Arm Box 40 Salmon Arm, BC V1E 4N2

Dear Mayor Harrison:

Re: 2019 Resolutions

UBCM is in receipt of the attached resolution(s) endorsed by your Council. Your resolution(s) received endorsement at the SILGA Spring 2019 AGM.

The resolution(s) will be presented to the UBCM membership for their consideration at the 2019 UBCM Convention in September.

Please feel free to contact Jamee Justason, Resolutions and Policy Analyst, if you have any questions about this process.

Tel: 604.270.8226 ext. 100 Email: jjustason@ubcm.ca

Very Best Wishes,

Arjun Singh UBCM President

Enclosure



Drone Usage Salmon Arm

Whereas flying recreational drones is an increasingly popular hobby that can disturb and pose risks to wildlife in sensitive ecological areas and recreational drones are prohibited in Canada's national parks for similar reasons;

And whereas there are multiple stakeholders including federal and provincial agencies and complex regulations involved in drone usage:

Therefore be it resolved that the federal and provincial governments collaborate to provide clarity and options for local governments in restricting the use of drones in local sensitive ecological areas.

#### **Convention Decision:**





Dear Mayor and Council:

RE: Access Awareness Day - June 1, 2019

June 1, 2019 is Access Awareness Day! Access Awareness Day provides an opportunity to look at our communities and reflect on ways to make them more accessible and inclusive for everyone! Access Awareness Day is part of National AccessAbility Week which takes place from May 26 to June 1, 2019.

As part of National AccessAbility Week, the goal is to recognize the efforts of individuals and communities that are actively removing barriers such that Canadians of all abilities have the best chance to succeed! The theme for this year's Access Awareness Day is "Accessibility Makes Communities Complete". As part of this year's planning, our goal is to draw attention to accessibility as being integral to where people live, work, learn and play.

Each year, as part of our annual Access Awareness Day campaign we reach out to local governments and community partners to learn more about the work that they are doing to ensure that all citizens are able to share their talents, experiences and abilities in all aspects of community life — social, physical, cultural, economic, and recreational. Please find enclosed thirty (30) copies of posters that have been developed to help build increased public awareness and support around accessibility and to recognize the importance of working together to ensure that everyone is included. Please share these posters with your local library, your accessibility committee, your department of parks and recreation and other local partners. Also, please do not hesitate to request additional posters.

I am also pleased to announce that this year, the Government of Canada's Social Development Partnerships Program — Disability component as well as the Ministry of Social Development and Poverty Reduction have made \$500 in funding available to municipalities and community-based disability groups who are holding local accessibility events. If you are planning an event, please do not hesitate to reach out to share your ideas and to request this funding. We know that by building accessibility we are creating stronger and healthier communities.

Email us at <u>abattalova@sparc.bc.ca</u> or tweet us at @SPARCBC to request funding for your event or to request additional materials or posters.

Thank you for the part that you play in helping to make our communities more accessible and inclusive for everyone!

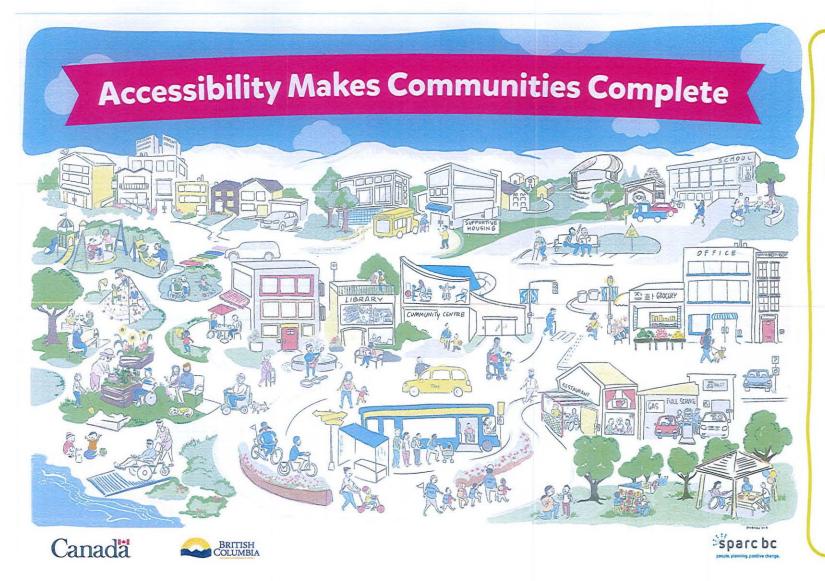
Sincerely

Alfiya Battalova

Manager of Accessibility Initiatives, SPARC BC









## Access Awareness Day 2019

Celebrated annually on the first Saturday in June,

#### **Access Awareness Day**

draws attention to accessibility as being an integral part of a complete community.

From: Khanna, Shivangi [mailto:shivangi.khanna@ubc.ca]

Sent: Wednesday, May 22, 2019 2:28 PM

To: Erin Jackson

Cc: Rural Evidence Review

Subject: UBC - Rural Evidence Review Project



Faculty of Medicine (Vancouver Campus)
Department of Family Practice
Centre for Rural Health Research
320 – 5950 University Blyd
Vancouver, BC V6T 123
Phone: 604-827-2193 | Fax: 604-827-2396
www.cft.ca

#### **Rural Evidence Review**

Local Evidence for Health Service Planning Through a Rural Lens

Dear Erin Jackson,

I am contacting you on behalf of the Rural Evidence Review (RER) project, which is being led by Dr. Jude Kornelsen at the Centre for Rural Health Research, within the Department of Family Practice at the University of British Columbia.

The goal of the project is to work with rural citizens to provide high quality, useful evidence for rural health care planning in British Columbia. To do this we will: (1) ask rural citizens to identify the health care priorities that matter the most to them and their communities, (2) analyze what we hear, and (3) present what we learn to policy-makers and health administrators in the province.

To learn more about the RER and our team, please visit our website at the following links:

- The RER
- The Research Team

How can you help?

We need your help to reach out to rural citizens in your community. We are hoping to reach the residents of Salmon Arm, who can help our team to identify the health care issues that are most important to them. No issue is too big or too small!

Attached to this email you will find an 'engagement card', that provides information about the RER and how to participate.

Residents can share their priorities for rural health services in B.C. with our team at any time and in three ways:

(1) Take our survey. The RER Team has developed a brief and anonymous survey to learn about rural citizen and community priorities for health services – which can be completed in 10 minutes or less! The survey is available at: <a href="mailto:bit.ly/ruralevidencereview">bit.ly/ruralevidencereview</a>. There is no pressing deadline to fill out the survey, which will be available until the end of the project (i.e., April 2021).



- (2) Research Interview. Residents are invited to participate in a confidential interview with our research team about their research priorities. The interviews will take place by telephone. Individuals that are interested in participating in an interview are asked to email the project's Coordinator (Christine Carthew) directly at the email listed below to let our team know that they are interested.
- (3) Contact us. The project's Coordinator, Christine Carthew, can be contacted at any time to discuss the health service issues and priorities that are most important to rural citizens and communities in B.C. Christine can be reached by email at <a href="mailto:christine.carthew@ubc.ca">christine.carthew@ubc.ca</a> or telephone at 1 (604) 827-2193.

#### Participating in the Rural Citizen Advisory Committee

The RER Team is also putting together a Rural Citizen Advisory Committee to:

- (1) Provide local input about rural health care needs in British Columbia;
- (2) Provide feedback on the project's work; and
- (3) Help our team to plan how to share the project's findings with rural communities across B.C.

Our team would appreciate if you could please share our engagement card and information about the Rural Citizen Advisory Committee with your readers of City of Salmon Arm. Individuals that are interested in participating on the advisory committee are asked to email the project's Coordinator (Christine) directly at the email listed below to let our team know that they are interested.

Thank you for your time and effort in helping our team to contribute to the improvement of rural health services in British Columbia.

Sincerely,

The RER Team

#### Principal Investigator:

Jude Kornelsen, PhD

Associate Professor, Department of Family Practice, University of British Columbia (UBC)

Co-Director, Centre for Rural Health Research

E: jude.kornelsen@familymed.ubc.ca

T: (250) 653-4325

#### Research Coordinator:

Christine Carthew, MPH

Centre for Rural Health Research, Department of Family Practice, UBC

E: christine.carthew@ubc.ca

T: (604) 827-2193